The Nuclear Bulge of the Galaxy

III. Large-Scale Physical Characteristics of Stars and Interstellar Matter

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Abstract. We analyse IRAS and COBE DIRBE data at wavelengths between 2.2 and 240 $\mu$m of the central 500 pc of the Galaxy and derive the large-scale distribution of stars and interstellar matter in the Nuclear Bulge. Models of the Galactic Disk and Bulge are developed in order to correctly decompose the total surface brightness maps of the inner Galaxy and to apply proper extinction corrections. The Nuclear Bulge appears as a distinct, massive disk-like complex of stars and molecular clouds which is, on a large scale, symmetric with respect to the Galactic Centre. It is distinguished from the Galactic Bulge by its flat disk-like morphology, very high density of stars and molecular gas, and ongoing star formation. The Nuclear Bulge consists of an $R^{-2}$ Nuclear Stellar Cluster at the centre, a large Nuclear Stellar Disk with radius $230\pm20$ pc and scale height $45\pm5$ pc, and the Nuclear Molecular Disk of same size.

The total stellar mass and luminosity of the Nuclear Bulge are $1.4\pm0.6\times10^{9} M_{\odot}$ and $2.5\pm1\times10^{9} L_{\odot}$, respectively. About 70\% of the luminosity is due to optical and UV radiation from young massive Main-Sequence stars which are most abundant in the Nuclear Stellar Cluster. For the first time, we derive a photometric mass distribution for the central 500 pc of the Galaxy which is fully consistent with the kinematic mass distribution. We find that the often cited $R^{-2}$ distribution holds only for the central $\sim30$ pc and that at larger radii the mass distribution is dominated by the Nuclear Stellar Disk which has a flatter density profile.

The total interstellar hydrogen mass in the Nuclear Bulge is $M_{H}=2\pm0.3\times10^{7} M_{\odot}$, distributed in a warm inner disk with $R=110\pm20$ pc and a massive, cold outer torus which contains more than 80\% of this mass. Interstellar matter in the Nuclear Bulge is very clumpy with ~90\% of the mass contained in dense and massive molecular clouds with a volume filling factor of only a few per cent. This extreme clumpiness, probably caused by the tidal stability limit in the gravitational potential of the Nuclear Bulge, enables the strong interstellar radiation field to penetrate the entire Nuclear Bulge and explains the relatively low average extinction towards the Galactic Centre. In addition, we find $3\times10^{7} M_{\odot}$ of cold and dense material outside the Nuclear Bulge at positive longitudes and $1\times10^{7} M_{\odot}$ at negative longitudes. This material is not heated by the stars in the Nuclear Bulge and gives rise to the observed asymmetry in the distribution of interstellar matter in the Central Molecular Zone.

Key words. dust, extinction – ISM: structure – Galaxy: centre – Galaxy: structure – Infrared: ISM: continuum

1. Introduction

Our present knowledge of the Galactic Centre (GC) Region has recently been reviewed by, e.g., Blitz et al. (1993), Genzel et al. (1994), Mezger et al. (1996; hereafter MDZ96), and Morris & Serabyn (1996). The gas dynamics of the inner Galaxy has recently been re-investigated by Englmaier & Gerhard (1999). To keep this introduction as concise as possible, we quote here only the most relevant or recent papers and refer otherwise to the corresponding sections of MDZ96 and references therein. For the same reason we use a number of abbreviations whose meanings are explained in Table 1. For consistency, we adopt a distance to the Galactic Centre of $R_{0} = 8.5$ kpc throughout this paper, although recent studies suggest a somewhat lower value (e.g., McNamara et al. 2000: $R_{0} = 7.9 \pm 0.3$ kpc; see also Reid 1993).

MDZ96 classify the centre of our Galaxy as a mildly active Seyfert nucleus. Although the presence of a black
Table 1. Abbreviations used in this paper

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Meaning</th>
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<tbody>
<tr>
<td>BH</td>
<td>Black Hole</td>
</tr>
<tr>
<td>BW</td>
<td>Baade’s Molecular Window</td>
</tr>
<tr>
<td>CMZ</td>
<td>Central Molecular Zone</td>
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<tr>
<td>FIR</td>
<td>far-infrared (∼30–300 µm)</td>
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<tr>
<td>FWHM</td>
<td>Full Width Half Maximum</td>
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<tr>
<td>GB</td>
<td>Galactic Bulge</td>
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<tr>
<td>GC</td>
<td>Galactic Centre</td>
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<tr>
<td>GD</td>
<td>Galactic Disk</td>
</tr>
<tr>
<td>GMC</td>
<td>Giant Molecular Cloud</td>
</tr>
<tr>
<td>HPBW</td>
<td>Half Power Beam Width</td>
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<tr>
<td>HWHM</td>
<td>Half Width Half Maximum</td>
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<tr>
<td>ISM</td>
<td>Interstellar Matter</td>
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<tr>
<td>KLF</td>
<td>K-band Luminosity Function</td>
</tr>
<tr>
<td>MIR</td>
<td>mid-infrared (∼7–30 µm)</td>
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<tr>
<td>MS</td>
<td>Main Sequence</td>
</tr>
<tr>
<td>NB</td>
<td>Nuclear Bulge</td>
</tr>
<tr>
<td>NMD</td>
<td>Nuclear Molecular Disk</td>
</tr>
<tr>
<td>NSC</td>
<td>Nuclear Stellar Cluster</td>
</tr>
<tr>
<td>NSD</td>
<td>Nuclear Stellar Disk</td>
</tr>
<tr>
<td>NIR</td>
<td>near-infrared (∼1–7 µm)</td>
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<tr>
<td>PAH</td>
<td>Polycyclic Aromatic Hydrocarbon</td>
</tr>
<tr>
<td>SED</td>
<td>Spectral Energy Distribution</td>
</tr>
<tr>
<td>ZL</td>
<td>Zodiacal Light</td>
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hole of \(\sim 2.6 \times 10^6 \, M_\odot\) is strongly supported by recent observations (e.g., Eckart & Genzel 1998) and it has also become clear that most of the activity in the centre of our Galaxy is due to massive star formation in the central parsec (MDZ96, Sect. 5).

The mass of the central region of our Galaxy \((R \leq 3 \, \text{kpc})\) is dominated by the Galactic Bulge which consists mainly of old, evolved stars. Both the stellar near-infrared (NIR) surface brightness distribution and the kinematics of the gas suggest that the Galactic Bulge has a bar structure with its near end in the first galactic quadrant (i.e., at positive \(l\)) (e.g., Binney et al. 1991; Blitz & Spergel 1991; Weiland et al. 1994). As a consequence of the dynamics caused by the gravitational potential of this bar, the region around the co-rotation radius \(R_{CR} \sim (3.5 \pm 0.5) \, \text{kpc}\) is de-populated of gas, since Interstellar Matter (ISM) is transported efficiently inward from the Galactic Disk Molecular Ring at the bar’s outer Lindblad resonance at \(R_{OLR} \sim (4 \pm 0.5) \, \text{kpc}\). Inside \(R < 2 \, \text{kpc}\) the gas settles on closed elongated \((X_1)\) orbits. This gas is observed as a tilted disk of atomic hydrogen \((R \leq 1.5 \, \text{kpc})\), usually referred to as the “\(H\) I Central Disk” (or “Nuclear Disk”) \((M_H \sim 4 \times 10^7 \, M_\odot\); Burton & Liszt, 1978). Inside the inner Lindblad resonance the \(X_1\) orbits become self-intersecting, and shocks and angular momentum loss compress the gas into molecular form and drive it further inward where it finally settles on more circular, stable \(X_2\) orbits (e.g., Englmaier & Gerhard 1999). The existence of a distinct, unusually dense molecular cloud complex in the central few hundred pc of our Galaxy, often referred to as the “Central Molecular Zone”, (CMZ) is well-established since the early 1970s (e.g., reviews by Genzel & Townes 1987 and MDZ96). The gas distribution in the CMZ is highly asymmetric with most of the mass being located at positive longitudes and positive velocities (see MDZ96, Sects. 2.2.3 and 3.4). One of the most remarkable features in the \(l – v\) plane of the CMZ is the “180-pc Molecular Ring” which is hypothesized to be a shock region between the innermost stable \(X_1\) orbit of the bar and the more circular \(X_2\) orbits in the centre (Binney et al. 1991), but was also interpreted as an expanding molecular ring or shell (e.g., Scoville 1972; Bally et al. 1987; Sofue 1995b). The large and dense stellar complex in this region was originally thought of as the innermost part of the more extended Galactic Bulge, with its population of old and evolved stars. Various observations, e.g. ongoing star formation, the presence of ionizing stars, and its extraordinary high surface brightness suggest that this region is distinct from the old Galactic Bulge (as originally proposed by Serabyn & Morris 1996) and may be associated with the CMZ. MDZ96 therefore call the innermost region \(R < 300 \, \text{pc} “\text{Nuclear Bulge}” (\text{NB}), and clearly distinguish it from the “Galactic Bulge” (GB). Due to its relative proximity, the physical characteristics of the NB of our Galaxy can be studied in detail. However, the layer of interstellar dust in the Galactic plane restricts observations of the NB to wavelengths \(\lambda \geq 2.2 \, \mu m\) and the edge-on projection makes a derivation of the true three-dimensional morphology difficult.

We have begun a systematic investigation of the physical characteristics of the NB the results of which are being published in a series of papers. Papers I (Philipp et al. 1999a) and II (Mezger et al. 1999) analysed the stellar population of the central \(\sim 30\) pc. Based on a high-resolution \(\lambda 2.2 \, \mu m\) survey, we determined the K-band luminosity function (KLF) of the central 30 pc and interpreted it in terms of a present-day bolometric luminosity and mass function. Main Sequence (MS) stars with masses \(< 1 \, M_\odot\) account for \(\sim 90\%\) of the dynamical mass, but only for \(6\%\) of the K-band flux density. MS stars with masses \(\geq 1 \, M_\odot\) account for \(\sim 6\%\) of the dynamical mass and a similar percentage of the integrated K-band flux density, but are responsible for \(\sim 80\%\) of the bolometric stellar luminosity as well as the ionization of the observed HII regions. The bulk of the K-band emission comes from stars evolved from the MS such as giants, supergiants, and Wolf-Rayet stars. We find a deficiency of low-mass stars within the central 1.25 pc and indications of a high star formation activity during the past \(10^7 – 10^8\) years. Here, in paper III, we analyse the large-scale distribution of stars and ISM in the NB using IRAS and COBE DIRBE data. The size scales addressed in this paper span tens to hundreds of parsecs. The complex structure in the central few parsecs, including, e.g., the circumnuclear disk, the mini-spiral, and the central cavity, is not addressed. In a succeeding paper, based on ground-based single-dish mm observations, we investigate the morphology and kine-
matics of ISM in the central part of the NB in more detail
(Zylka et al., in prep.).

The paper is organized as follows: Section 2 describes
briefly the observational data used in this paper. Section
3 describes the data reduction and analysis. In Sect. 4 we
present the basic observational results, and in Sect. 5 we
derive physical characteristics of the NB and the CMZ.
Section 6 summarizes the results in terms of a coherent
picture of the NB.

2. The data

This paper is mainly based on IRAS (Infrared
Astronomical Satellite) and COBE (Cosmic Background
Explorer) data covering the wavelength range from 2.2µm
to 240µm, which were obtained through SkyView on the
WorldWideWeb. Additional data at mm and cm wave-
lengths are used for comparison. Characteristics of the
surveys of the Galactic Centre Region used in the fol-
lowing analysis are given in Table 2, followed by a more
detailed description of the data. Throughout this paper
we use Galactic coordinates (l, b) and all maps are cen-
tered on l = 0°, b = 0° (and not on Sgr A*, which is at
l = 0°, b = -2°054, -0°046).

2.1. IRAS data

The IRAS data include all data distributed as part of the
IRAS Sky Survey Atlas (ISSA) and were processed by the
Infrared Processing and Analysis Center (IPAC) to a uni-
form standard with the Zodiacal Light (ZL) already sub-
tracted. For the present investigation, ISSA maps in all
four bands were used (i.e., λ = 12, 25, 60, and 100µm).
These maps have a mean angular resolution of 2′, al-
though IPAC has optimized the processing of these data
for features of size 5′ or more. The 100µm map is heavily
saturated in the central part of the NB, and the 60µm
map may be partially saturated towards the Sgr A com-
plex. At each of the four wavelengths we obtained maps
of 15′×10° with a pixel scale of 1.5′, and 40′×40° with
a pixel scale of 5′, respectively.

2.2. COBE data

The COBE Diffuse Infrared Background Experiment
(DIRBE) was primarily investigated to map the cosmic
infrared background radiation in 10 filter bands centered
at 1.25, 2.2, 3.5, 4.9, 25, 60, 100, 140, and 240µm (for
details see the COBE DIRBE Explanatory Supplement
1997; Hauser et al. 1998; Kelsall et al. 1998). The COBE
DIRBE maps cover the entire sky and provide an estimate
of the infrared intensity at each pixel and wavelength band
based on an interpolation of the observations made at vari-
ous times at solar elongations close to 90°. To first order,
these maps depict the sky as if it were observed through a
temporally constant interplanetary dust foreground, thus
enabling straightforward modeling and subtraction of the
ZL. The DIRBE instrument has a 42′×42′ instantaneous
field of view. For this study, maps in all 10 bands were
obtained. The maps have an angular resolution of ~0.7°
and a pixel scale of ~0.35° (21″).

2.3. Complementary millimetre and radio continuum
data

Millimetre continuum maps at 11″ resolution of the cen-
tral region of the NB were obtained with the IRAM 30-m
telescope during several observing runs between 1995 and
1999 (see Table 2). These maps are only used for com-
parison with the COBE and IRAS data and will be presented
and discussed in detail in Paper IV by Zylka et al. (in
preparation).

In addition, we obtained radio continuum maps of the
GC region at 3, 6, 11, and 21 cm (Fig. 9) from the MPIfR
Survey archive. These data are already published else-
where (see Table 2) and the 11 cm and 21 cm maps are
already decomposed into source and background compo-
nents. From the total intensity 3 cm and 6 cm maps, we
subtracted the background emission to obtain the source
contribution. Due to the different beam sizes, observ-
ning modes, and data reduction procedures, the four data
sets may not recover extended emission in the same way.
Therefore, the derived flux densities given in Table 5 and
shown in Fig. 10 may contain systematic uncertainties and
are not suitable to derive physical characteristics of the
gas from flux density ratios. We use these maps only to
compare the morphology of the ionized gas with that of
the stars and dust in the NB.

3. Data analysis

3.1. Sources of radiation and extinction

In order to derive surface brightness maps of the GC re-
"ion from the data, the total surface brightness maps were
decomposed into the individual contributing sources of ra-
diation and extinction which were, in turn, modeled and
interpolated over the GC region before they were sub-
tracted from the total surface brightness maps. Figure 1
illustrates the different Galactic features which contribute
to emission and absorption in the direction of the GC
and Table 3 summarizes the different sources dominating
emission and absorption in different wavelength regions.
Figure 2 illustrates that, particularly at NIR wavelengths,
the resulting maps of the NB depend crucially on pro-
per decomposition, extinction corrections, and modeling of
the different galactic features. Therefore, this Section gives
a detailed description of the data analysis process.

The major emission sources at NIR wavelengths are
stars in the Galactic Disk (GD) and GB. In addition to
these features, the ZL from interstellar dust in the sol-
ary system contributes to the extended near- and mid-
frared (MIR) emission. Extinction by dust in the GD
and in the GC region itself prevents observations of the
stellar component of the NB at wavelengths shorter than
2µm, and must be taken into account for wavelengths as
Table 2. Surveys of the GC referred to in this paper

<table>
<thead>
<tr>
<th>Wavelength range</th>
<th>Angular resolution</th>
<th>Observations</th>
<th>Telescopes (see References)</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td>NIR – FIR</td>
<td>0.7°</td>
<td>10 continuum bands</td>
<td>COBE DIRBE</td>
<td>Hauser et al. (1991)</td>
</tr>
<tr>
<td>MIR – FIR</td>
<td>1.5</td>
<td>4 continuum bands</td>
<td>IRAS</td>
<td>IRAS Sky Survey Atlas (ISSA)</td>
</tr>
<tr>
<td>Millimetre</td>
<td>12 µm – 100 µm</td>
<td>30'</td>
<td>continuum map</td>
<td>COBE DIRBE</td>
</tr>
<tr>
<td></td>
<td>1.2 mm</td>
<td>11'</td>
<td>continuum map</td>
<td>CSO 10.4 m MRT</td>
</tr>
<tr>
<td></td>
<td>2.6 mm</td>
<td>8.8</td>
<td>12CO(1–0) map</td>
<td>CSMT 1.2 m</td>
</tr>
<tr>
<td>Radio</td>
<td>3 cm (10 GHz)</td>
<td>3'</td>
<td>continuum map</td>
<td>Nobeyama 45 m</td>
</tr>
<tr>
<td></td>
<td>6 cm (5000 MHz)</td>
<td>4.1</td>
<td>continuum map</td>
<td>Parkes 64 m</td>
</tr>
<tr>
<td></td>
<td>11 cm (2695 MHz)</td>
<td>4.3</td>
<td>continuum map</td>
<td>Effelsberg 100 m</td>
</tr>
<tr>
<td></td>
<td>21 cm (1408 MHz)</td>
<td>9.4</td>
<td>continuum map</td>
<td>Effelsberg 100 m</td>
</tr>
</tbody>
</table>

Fig. 1. Schematic presentation of the different galactic features which contribute to emission and absorption in the direction of the Galactic Centre Region. The grey-scale image shows the average hydrogen density in the Galactic Disk (GD) (0.1 to 1 cm$^{-3}$; slice through the disk model described in Appendix B). Narrow dark features correspond to spiral arms which have a 3 to 30 times enhanced average density. Subscripts 'fg' and 'bg' refer to the foreground and background parts of the GD with respect to the GC. The dashed line denotes the Galactic mid-plane and solid lines mark the density FWHM thickness of the gaseous disk (H$_2$ + HI + HII). The interplanetary dust ring of the solar system (Zodiacal Light) is not shown. Note that the z scale is stretched with respect to the $R_G$ scale. The Galactic Bulge (GB) is not drawn in its full extent in latitude. The Nuclear Bulge (NB) is shown on scale.

Table 3. Sources which dominate in different wavelength regions the emission and absorption in and towards the NB

<table>
<thead>
<tr>
<th>Wavelength range</th>
<th>$\lambda$ range</th>
<th>Emission due to</th>
<th>Absorption due to</th>
</tr>
</thead>
<tbody>
<tr>
<td>NIR</td>
<td>1 µm – 7 µm</td>
<td>stars</td>
<td>dust</td>
</tr>
<tr>
<td>MIR</td>
<td>7 µm – 30 µm</td>
<td>hot dust (VSGs), PAHs</td>
<td>dust</td>
</tr>
<tr>
<td>Submm/FIR</td>
<td>30 µm – 3 mm</td>
<td>“classical” dust grains</td>
<td>dust, negligible for $\lambda \geq 100$ µm</td>
</tr>
<tr>
<td>Radio</td>
<td>3 mm – 6 cm</td>
<td>free-free</td>
<td>—</td>
</tr>
<tr>
<td></td>
<td>$\geq$ 6 cm</td>
<td>synchrotron</td>
<td>free-free</td>
</tr>
</tbody>
</table>

long as $\lambda \sim 100$ µm (see Table 3). Most of the extinction in the GD arises from the Disk Molecular Ring at galactocentric radius $R_G \sim 4 - 5$ kpc. The far sides of the GB and GD also suffer from extinction by dust in the GC region. In addition to these large-scale absorption features, some compact Giant Molecular Clouds (GMCs) along the line of sight appear as discrete patches of high extinction. These clouds could not be modeled individually, but had to be masked out before the models were fitted. Since GD and GB have nearly exponential emission profiles, proper modeling was essential to obtain reliable surface brightness interpolations over the GC region.

At wavelengths $\lambda \geq 7$ µm, dust emission (i.e., mainly re-radiation of absorbed stellar emission) from the GD and GC region dominates over stellar emission. The MIR emission is generally dominated by UV-excited,
non-transiently-heated very small grains and Polycyclic Aromatic Hydrocarbons (PAH’s) with a possible contribution by hot dust in circumstellar shells and photospheric emission from cold luminous supergiants. The bulk of the dust (> 99% by mass) in the GD and NB is relatively cold (≈ 15–30 K). Therefore, dust emission as tracer of the mass of ISM is best observed at FIR and submm wavelengths. In the range 3 mm ≤ λ ≤ 6 cm, free-free emission from gas ionized by early-type MS stars dominates the radio emission of the NB. Synchrotron radiation from relativistic electrons becomes the strongest radio component for λ ≥ 6 cm, but free-free absorption has to be taken into account already at cm wavelengths, depending on the free-free emission measure.

The total surface brightness \( I_{\text{tot}} \) observed in the direction of the GC can be written as:

\[
I_{\text{tot}} = I_{\text{ZL}} + I_{\text{GD}}^g + e^{-\tau_{\text{GD}}} (I_{\text{NB}}^g + I_{\text{NB}}) + e^{-\tau_{\text{CMZ}}} (I_{\text{GD}}^g + I_{\text{GD}}) \quad (1)
\]

\( I_{xx} \) are total “observed” intensities, i.e., integrated along the line-of-sight through the corresponding components, but not corrected for extinction by dust inside these components. For the meaning of the subscripts we refer to Table 1. In addition we use the superscripts “fg” = foreground and “bg” = background (with respect to the GC as seen from the Sun). Surface brightness \( I \) and optical depth \( \tau \) are functions of wavelength \( \lambda \), galactic longitude \( l \), and latitude \( b \).

### 3.2. Goal and strategy

The main goal of the data reduction was to derive surface brightness maps of the NB at different wavelengths as would be seen with no other emitting or absorbing matter present in the Galaxy. The other data mentioned in Sect. 2 were reduced by its respective authors and used as published (references in Table 2). For reasons mentioned in Sect 3.1, surface brightness and extinction maps of the different galactic features had to be derived and modeled partially in an iterative way before they could be subtracted from the total surface brightness maps. The correct order of applying the different corrections to the data is described by Eq. (1). Figure 3 displays schematically the data flow with its recursive iterations. The general data reduction steps described in the following subsections are:

1. Photometric corrections for the IRAS and COBE filter transmission characteristics (Sect. 3.3).
2. Model and subtract the ZL (Sect. 3.4).
3. Model the dust distribution in the GD (Sect. 3.6 and Appendix B).
4. Model the NIR surface brightness of the GB (Sect. 3.7).
5. Derive extinction maps due to dust in the GD and in the GC region (Sect. 3.5).
6. Fit, correct for extinction, and subtract the contributions by stars and dust in the GD (Sect. 3.6).
7. Correct for extinction and subtract contributions by stars in the GB (Sect. 3.7).
8. Correct the final NIR maps of the NB for extinction by dust inside the NB (Sect. 3.5.2).
9. Decompose ISM in the CMZ into ISM located inside and outside the NB (Sect. 5.5).

3.3. Photometric corrections

Colour correction factors for COBE (Appendix A of the COBE/DIRBE Explanatory Supplement) and IRAS maps (Wheelock et al. 1994) were derived for the peak flux density ratios toward the NB, but were applied to the entire images. The maximum correction had to be applied to the COBE 25 $\mu$m band (23%). For all other bands, correction factors are smaller than 5% of the peak flux densities. In addition, the COBE DIRBE to IRAS photometric transformation was applied to the IRAS ISSA maps (COBE/DIRBE Explanatory Supplement; only gain factors were used) in order to account for systematic photometric uncertainties in the IRAS calibration (particularly in the 60 and 100 $\mu$m bands).

3.4. Zodiacal Light subtraction

ZL emission was already subtracted from the IRAS data issued by IPAC. In the COBE maps we modeled the ZL outside the Galactic Disk (between $|b| = 11 \ldots 14^\circ$), interpolated linearly over the region of the disk, and subtracted the resulting maps from the COBE maps in the wavelength bands between 2.2 $\mu$m and 100 $\mu$m.

3.5. Extinction corrections

Two major extinction-causing features have to be considered in the process of decomposing the observed surface brightness maps into individual galactic components (see Fig. 1 and Eq. (1)):

1. Dust located at the near side of the GD absorbs light from the GB and NB, as well as from the far side of the GD.
2. Dust in the CMZ absorbs light from the far sides of GB and GD, respectively.

The dust opacity spectrum used throughout this paper is described in Appendix A (see Table A.1).

3.5.1. Extinction by dust in the Galactic Disk

The foreground extinction due to dust in the GD can be derived in two ways:

1. From the observed reddening of the stellar NIR emission from the GB, and
2. from the optically thin FIR dust continuum emission of the GD.

Neither of the two methods is straightforward. The first method requires the knowledge of the effective colour temperature of the GB and is very sensitive to how the GD emission is subtracted and where the extinction map is assumed not to be strongly affected by bright star-forming regions or very opaque individual GMCs. The second method requires a three-dimensional model of the dust distribution in the GD because the observed FIR continuum emission arises from lines of sight through the entire disk while extinction towards the GC is caused by dust on the near side only.

**Method 1:** Under the assumption that the intrinsic NIR colour temperature (i.e., the intrinsic surface brightness ratio $I_1/I_2$) of the GB is uniform (see Sect. 4.2) and can be derived at high latitudes where extinction by dust in the GD is negligible, a foreground extinction map can be derived from the observed NIR surface brightness ratio $I'_1/I'_2$:

$$A_v = 1.086 \frac{\kappa_V}{\kappa_2 - \kappa_1} \left( \ln \left( \frac{I'_1}{I'_2} \right) - \ln \left( \frac{I_1}{I_2} \right) \right)$$

(2)

Here, $\kappa_i$ are the dust opacities at the corresponding wavelengths (see Table A.1). Due to the problems mentioned above, only an average latitude extinction profile could be derived rather than a complete extinction map. The intrinsic NIR surface brightness ratios $I_1/I_2$ of the GB for the $\lambda 2.2, 3.5$, and $4.8 \mu$m DIRBE bands were derived at $|b| > 3.5^\circ$ from the disk-subtracted (but not extinction-corrected) maps (see Sect. 3.6). They correspond to an average effective temperature of stars in the GB of $\sim$4000K (see Sect. 4.2). This method yields a visual extinction between the Sun and the front side of the GB/NB of $A_V \sim 14$ mag. The corresponding average latitude extinction profile is shown in Fig. 4.

**Method 2:** In order to derive the extinction by dust on the near side of the GD from the optically thin FIR emission arising from lines of sight through the entire disk, we developed a three-dimensional model of the dust distribution in the GD, which is described in Appendix B. Our best model yields $A_V \sim 15$ mag towards the front side of the NB and the latitude $A_V$ profile at $l = 0^\circ$ shown in Fig. 4.

These two methods are completely independent. They yield similar, but systematically slightly different latitude extinction profiles. Since both methods have their weak points, we finally used an extinction map which was obtained by scaling the extinction map derived by method 2 to the average of the two extinction profiles at $l = 0^\circ$ which is also shown in Fig. 4.
3.5.2. Extinction by dust in the Galactic Center Region

Since radiation from the far sides of GB and GD suffers from extinction by dust in the GC region, the modeled or interpolated surface brightness maps of these features have to be corrected for this extinction before they can be subtracted from the raw maps. Assuming a homogeneous and axisymmetric distribution of dust in the NB, the results from Sect. 4.1 (see Fig. 4) suggest a visual extinction of $\sim 30$ mag through the entire NB. In contrast, we derive $A_V(\text{NB}) \sim 20$ mag from the FIR dust continuum emission, assuming a homogeneous dust distribution (Sect. 5.6). Uncertainties in our dust model may contribute to, but cannot fully explain this discrepancy. Rather we argue in Sect. 5.6, that the ISM in the CMZ is extremely clumpy with most of the mass being concentrated in small, ultranigmatic molecular clouds which cover $\sim 10\%$ of the area of the NB and block the stellar radiation nearly completely. In Sect. 4.3.2 we derive $A_V(\text{NB}) \sim 20$ mag for the average diffuse extinction through the NB. Therefore, the far side parts of GB and GD were corrected with an extinction map which was derived by scaling the total hydrogen column density map of the CMZ (Fig. 16b) to $A_V = 20$ mag plus a 10% blockage factor within the $N_H = 2 \times 10^{22}$ cm$^{-2}$ contour. The assumption that the degree of clumpiness of ISM is the same inside and outside the NB may not hold true completely, but is certainly a better approximation of the physical conditions than assuming homogeneous matter distribution.

To derive the size and morphology of the stellar NB, the NIR emission from the NB itself was, in addition, corrected for extinction by dust inside the NB. In Sect. 5.5 we decompose the total hydrogen column density map of the CMZ into material located inside and outside the NB. An intrinsic extinction map of the NB was then derived by scaling its $N_H$ map (Fig. 16d) in the same way as above (i.e., $A_V(\text{NB}) = 20$ mag plus 10% blockage). In correcting the NIR surface brightness of the NB for intrinsic extinction, we assumed that stars and diffuse dust within the NB are homogeneously mixed. Intrinsic ($I'_\nu$) and observed surface brightness ($I_\nu$) are then related by:

$$I_\nu = 0.9 (1 - e^{-\tau_{\text{NB}}}) I'_\nu \frac{\tau_{\text{NB}}}{T_{\text{NB}}}.$$  (3)

3.6. Galactic Disk subtraction

The “observed” surface brightness distribution of the GD at all wavelengths was derived by interpolating the total observed surface brightness between selected regions in the longitude intervals $3.8^\circ < |l| < 20^\circ$ (i.e. within the inner tangent to the Disk Molecular Ring, but outside the NB). The regions used for deriving the average disk emission profile were determined by comparing NIR and FIR maps in order to avoid areas which deviate strongly from the average disk profile, like heavily FIR-emitting or NIR-absorbing GMCs, bright star-forming regions, or gaps in the dust disk. At NIR wavelengths (DIRBE bands 1 to 4), GD and GB are superimposed at longitudes $|l| \leq 20^\circ$ and the surface brightness of the GD cannot be derived independently. Therefore, it was first modeled further out ($|l| > 20^\circ$) and subtracted from the total emission before modeling and subtracting iteratively the surface brightness distributions of GB (see Sect. 3.7) and inner GD. Before the GD emission was finally subtracted from the total surface brightness maps, it was decomposed into contributions from the near and far sides (considering extinction by dust in the near side of the GD) and corrected for extinction in the GC region as described in Sect. 3.5.

3.7. Galactic Bulge subtraction

To derive NIR surface brightness maps of the NB, all contributions from the GB must be subtracted. Here, we assume that the GB and NB are morphologically different features and that the central surface brightness profile of the GB can be derived from its outer parts. Since the surface brightness profile of the GB has a centrally peaked exponential (or similar) shape and is not symmetric, proper extinction correction and interpolation over the central region is crucial. When properly corrected for foreground extinction, the often-referred peanut shape of the surface brightness distribution nearly disappears and a box-shaped asymmetric ellipsoid remains (Fig. 5a). Since there is striking evidence that the GB is a triaxial stellar bar with its near end at positive longitudes (e.g., Binney et al. 1991; Blitz & Spergel 1991; Weiland et al. 1994), its surface brightness distribution cannot be modeled by a simple symmetric function. Therefore, we followed for the most part the approach of Dwek et al. (1995), Stanek et al. (1997), and Freudenreich (1998), and modeled the GB as a triaxial ellipsoidal bar with a centrally peaked volume emissivity $\rho$. We have tried sech$^2$, Gaussian, and exponential volume emissivity profiles and found the exponential models, represented by:

$$\rho \propto \exp(-R_s)$$  (4)

to give the best fits. The shape of the bar was chosen to be a “generalized ellipsoid” (Althanassoula et al. 1990; Freudenreich 1998) represented by the effective radius $R_s$:

$$R_s^{C_1} = R_s^{C_\|} + \left(\frac{|Z'|}{a_z}\right) C_{\perp}$$  (5)

$$R_s^{C_\perp} = \left(\frac{|X'|}{a_x}\right) C_{\perp} + \left(\frac{|Y'|}{a_y}\right) C_{\perp}$$  (6)

where $a_x$, $a_y$, and $a_z$ are the scale lengths and $C_{\perp}$ and $C_{\|}$ the face-on and edge-on shape parameters. The orientation of the bar was characterized by an in-plane tilt $\phi_\perp$ (angle between bar’s major axis and the line Sun – Galactic Centre) and an out-of-plane tilt $\theta_\perp$. To derive the surface brightness, the models were integrated as seen from the position of the Sun which was adopted to be $Z_0 = 16$ pc above the galactic mid-plane (e.g., Freudenreich 1998).

In the GD-subtracted COBE NIR maps of the GB corrected for extinction by dust in the GD (Sect. 3.5),
both the region of the CMZ and of individual opaque GMCs were masked out before the models were fitted to the observed surface brightness distribution. Parameters of our best-fit GB model are given in Table 4. The Spectral Energy Distribution (SED) of the GB is derived and analysed in Sect. 4.2 (Fig. 6). Figure 5 compares the model with the observed surface brightness distribution.

The modeled surface brightness maps of the GB were then corrected for extinction by dust in the GC region (i.e., the CMZ):

$$I'_{\text{GB}} \simeq I_{\text{GB}} \frac{(1 + e^{-\tau_{\text{CMZ}}})}{2}$$

(7)

(see Sect. 3.5.2 for $\tau_{\text{CMZ}}$) and subtracted from the COBE maps.

4. Basic Parameters derived from the COBE DIRBE and IRAS ISSA maps

4.1. Extinction towards the Galactic Centre Region

In Fig. 4, the latitude profiles of extinction between the Sun and the front sides of GB and NB at $l = 0^\circ$, as derived in Sect. 3.5, are shown. The average extinction profile, which we finally used, can be approximated by the sum of two sech$^2$ functions:

$$A_V(b) \simeq \sum_{i=1}^{2} A_{V_i}(0) \text{sech}^2 \left( \frac{b}{\sigma_{b_i}} \right)$$

(8)

with $A_{V_1}(0) \simeq 11$ mag, $\sigma_{b_1} \simeq 0.78^\circ$, $A_{V_2}(0) \simeq 3.5$ mag, and $\sigma_{b_2} \simeq 3.3^\circ$. The total mid-plane extinction towards the front-sides of GB and NB is $A_V = 14.5 \pm 2$ mag. Compared to the well-established value $A_V(\text{Sun-GC}) \simeq 30$ mag (e.g., Lebofsky & Rieke 1987; Catchpole et al. 1990), our result suggests that $\sim 50\%$ of the absorbing dust column between the Sun and the GC is located in the GD and the other $50\%$ is located in the GC region. Figure 4 also shows the extinction profile derived by Catchpole et al. (1990) from colour-magnitude diagrams of stars in the direction of the GC. This profile represents the extinction to stars in the immediate vicinity of the GC and accounts for extinction by dust in the GD and in the GC region.

4.2. Galactic Bulge

In Fig. 4, the latitude profiles of extinction between the Sun and the front sides of GB and NB at $l = 0^\circ$, as derived in Sect. 3.5, are shown. The average extinction profile, which we finally used, can be approximated by the sum of two sech$^2$ functions:

$$A_V(b) \simeq \sum_{i=1}^{2} A_{V_i}(0) \text{sech}^2 \left( \frac{b}{\sigma_{b_i}} \right)$$

(8)
Launhardt et al.: Large-scale characteristics of the Nuclear Bulge

We did not explore the whole parameter space and we do not claim that our model is unique.

In Figure 6, the integrated SED of the GB is shown. The NIR flux densities were derived by integrating the models at 2.2, 3.5, and 4.9 μm within \( l = \pm 20^\circ \) and \( b = \pm 10^\circ \) and are listed in Table 4. A weighted least-square black-body fit to these points yields an average effective temperature of the Bulge stars of \( T_{\text{eff}}(\text{GB}) = 4400 \pm 400 \text{K} \). Since we found no evidence for a colour gradient in the GB, a lower limit to the average effective stellar temperature can be derived from the uncorrected NIR surface brightness ratios at high latitudes where the extinction is low (e.g., Baade’s Window: \( l, b \sim 1^\circ, -3.9^\circ, A_K \sim 0.13 \text{mag} \)). The best black-body fit to these points yields \( \sim 3850 \text{K} \) which is in good agreement with our estimate of \( T_{\text{eff}}(\text{GB}) \).

We tried different bar models and fitting routines; the derived total flux densities were nearly independent of the particular model.

Our result agrees well with the volume emissivity ratios derived by Freudenreich (1998) for his models S and E. The total luminosity of the GB derived from our SED fit to the NIR flux densities is \( L_{\text{GB}} = 1.0 \pm 0.3 \times 10^{10} L_\odot \). Since there is no evidence for ongoing star formation and the presence of hot massive stars in the GB, which would contribute considerable luminosity at shorter wavelengths, this value represents the bolometric luminosity of the GB. Our estimate is intermediate to the GB luminosities of \( 5.3 \pm 1.6 \times 10^9 L_\odot \) derived by Dwek et al. (1995) from COBE NIR observations and the 2.2 μm luminosity function of Bulge stars and of \( \sim 2 \times 10^{10} L_\odot \) derived by Maihara et al. (1978) from their 2.4 μm observations of the GC region. Dwek et al. (1995) derive a total stellar mass of the GB of \( M_{\text{GB}} \sim 1.3 \pm 0.5 \times 10^8 M_\odot \) and a mass-to-luminosity ratio of \( \sim 2 M_\odot/L_\odot \). The central mass and luminosity volume densities of the GB are \( \rho_M \sim 8 \pm 2 M_\odot \text{pc}^{-3} \) and \( \rho_L \sim 4 \pm 1 L_\odot \text{pc}^{-3} \), respectively. The numbers depend only weekly on the value of the total luminosity, which is more sensitive to the exact integration area and how the outer GB is modeled.

### 4.3. Nuclear Bulge and Central Molecular Zone

#### 4.3.1. NIR through Radio images of the Nuclear Bulge

Images and surface brightness profiles of the NB ranging from 2.2 μm to 240 μm derived from the COBE DIRBE and IRAS ISSA maps and processed as described in Sect. 3 are shown in Figs. 7 and 8. Note that these images are not corrected for extinction by dust inside the NB and that the FIR maps contain emission from dust in the NB and in the outer CMZ (see Sect. 5.5). For comparison, we also show radio continuum maps of the NB which were obtained from different data bases (Fig. 9; see Table 2 for references). At NIR wavelengths, the NB emits stellar continuum radiation, mainly from red giants and supergiants. The NB also emits strong MIR/FIR/submm dust emission together with free-free and synchrotron radio emission. In addition, the molecular gas exhibits strong line emission...
Fig. 7. Surface brightness maps of the Nuclear Bulge at 9 wavelengths between 2.2 $\mu$m and 240 $\mu$m as seen by COBE. ZL, emission from GD and GB, and a point-like NIR source at $l, b \sim -1.4^\circ, 0^\circ$ (dotted curve in the longitude profiles; see text) have been subtracted. The data are corrected for foreground extinction by dust in the GD, but not for extinction by dust inside the NB. Lowest contour levels are at 10% of the maximum in the NIR maps and 5% in all other maps. Small boxes in the lower left of the maps show the DIRBE beam (HPBW 0.7$^\circ$) at the corresponding wavelength bands. The middle and right panels show the corresponding longitude and latitude profiles as in Fig. 7.

(see Fig. 16a). Pertinent fit and other parameters are given in Table 5.

The COBE NIR images show a relatively compact source elongated $\sim 2-3^\circ$ in longitude and unresolved in latitude (upper three panels in Fig. 7). The 4.9$\mu$m image, which is least affected by extinction, shows this elongated structure most clearly. The 2.2$\mu$m image exhibits some low-level extended emission, which may be due to uncertainties in the extinction correction and de-composition process and will, therefore, not be discussed here. At $\lambda 1.25\mu$m (DIRBE band 1), the extinction towards the NB and the uncertainties in the data reduction are too large to produce a meaningful result; therefore we don’t show nor use the 1.25$\mu$m image here. Visible especially at 2.2$\mu$m is a source at $l \sim -1.4^\circ$ which has a "bluer" SED than that of the average NB. This source, referred to as IRAS 17393$-3004$, is the brightest NIR source seen in the direction of the NB. It has been investigated by Philipp et al. (1999b) and is classified as an M4 supergiant surrounded by a dust shell and located at a dis-
tance of \( \leq 4.7 \text{kpc} \) from the sun. Therefore, we modeled this source by a Gaussian and subtracted it from the final NIR images (dotted curve in the longitude profiles in Fig. 7). The surface brightness longitude profiles of the resulting images are asymmetric and peak at \( l \sim +0.2^\circ \). Although this is marginal compared to the \( 0.7^\circ \) DIRBE beam, this asymmetry is seen at all wavelengths and only at \( \lambda \geq 140 \mu m \) does the peak shift towards larger \( l \).

The COBE MIR images are less extended in longitude than the NIR and FIR images, indicating that hot dust emission arises mainly from the inner part of the NB. The 12 \( \mu m \) image shows an extended, low-level halo. Since the strong PAH feature at 11.3 \( \mu m \) lies in this band, this may indicate that UV-excited PAHs in and around the NB are more extended than “normal” warm and hot dust. The 12 \( \mu m \) halo is also seen in the IRAS image which has a much higher angular resolution (Fig. 8). The IRAS 12 and 25 \( \mu m \) images, too, indicate that the bulk of the MIR emission arises from a very compact region which includes the Sgr A Radio Complex and the Radio Arc and Bridge (MDZ96; Sofue 1994; Reich 1994).

The COBE FIR images show the same general morphology as the NIR images, i.e., the emission is extended in \( l \) with an asymmetry towards positive \( l \), and is basically unresolved in \( b \). While at negative longitudes the emission extends out to \( l \sim -1.7^\circ \) at all wavelengths, its extent towards positive longitudes increases with increasing wavelength up to nearly \( 4^\circ \) at 240 \( \mu m \). This indicates a large excess of cold dust at positive \( b \) which extends much further out than the stellar NIR emission and the emission of warm dust. The excess of cold dust emission at \( l > +1.7^\circ \) can also be seen in the 100 \( \mu m \) IRAS image (Fig. 8). The COBE 140 and 240 \( \mu m \) images likewise show some extended low-level emission from cold dust outside the NB at \(-2^\circ > l > -5^\circ \). At much higher angular resolution than the COBE maps, the IRAS 60 and 100 \( \mu m \) images show a very distinct and narrow ridge of emission between \( l \sim \pm 0.7^\circ \) (Fig. 8), which is unresolved (in latitude) in the COBE maps (Fig. 7). The morphology of the extended low-level FIR emission in the IRAS maps compares well that of the COBE images.

Although the morphology of the radio continuum maps is mainly determined by emission from distinct compact sources and source complexes, their overall shape is similar to that of the MIR IRAS maps, thus indicating that free-free emission from ionized gas (as observed at 6 cm) and IR emission from hot dust have a similar distribution. The 11 and 21 cm images are dominated by non-thermal synchrotron emission.

4.3.2. The Spectral Energy Distribution of the Nuclear Bulge

To compile the radio through NIR SEDs of the central 120 pc and of the entire NB, the corresponding central surface brightnesses and integrated flux densities were derived at all wavelengths from the final maps presented in Figs. 7 through 9. In these maps, all contributions but the NB were removed and the remaining emission was corrected for extinction by foreground dust, but not by dust inside the NB. The total flux densities \( S_{\nu}^{\text{int}}(\lambda) \) were integrated within a polygon which completely includes the 3% contour of the column density map (Fig. 16b) and which approximately covers the range \(-2.5^\circ \leq l \leq 3.8^\circ \), and \(-1.3^\circ \leq b \leq 1.1^\circ \). This area partially includes dust in the CMZ located outside the actual NB (see Sect. 5.5). In addition, we derived surface brightnesses from the two submm continuum maps listed in Table 2. The IRAS, submm, and radio continuum maps were convolved with the DIRBE beam to obtain comparable surface brightnesses. The central 120 pc refer to the square-shaped 0.7\( ^\circ \) DIRBE beam (see Fig. 7) with an equivalent circular aperture of 0.395\( ^\circ \), which corresponds to \( R_{\text{equiv.}} \sim 60 \text{ pc} \). The resulting surface brightnesses and flux densities are compiled in Table 5 and were used to construct the corresponding SEDs shown in Fig. 10. The error bars correspond to the usually adopted calibration uncertainties of \( \sim 20\% \) for the COBE and IRAS 12 to 240 \( \mu m \) data and \( \sim 30\% \) for the submm data. The uncertainties of the COBE NIR data were estimated from the variations when...
Table 5. Flux densities and source sizes derived from IR and radio images of the Nuclear Bulge

<table>
<thead>
<tr>
<th>$\lambda$</th>
<th>$\nu$</th>
<th>Telescope</th>
<th>Beam (HPBW)</th>
<th>$I_b$ a) at (0'',0'')</th>
<th>$S^\text{tot}$ b)</th>
<th>$\Delta l$ (l$<em>{\text{max}}$, l$</em>{\text{min}}$)</th>
<th>$\Delta b$ (b$<em>{\text{min}}$, b$</em>{\text{max}}$)</th>
</tr>
</thead>
<tbody>
<tr>
<td>[\mu m]</td>
<td>[Hz]</td>
<td></td>
<td>[arcmin]</td>
<td>[MJy/sr]</td>
<td>[Jy]</td>
<td>[deg]</td>
<td>[deg]</td>
</tr>
<tr>
<td>2.2</td>
<td>1.36E14</td>
<td>COBE</td>
<td>42</td>
<td>5.6E1 (1.2E2) b)</td>
<td>2.1E4 (4.0E4) b)</td>
<td>1.65 (0.90, −0.75)</td>
<td>0.65 (−0.35, 0.30)</td>
</tr>
<tr>
<td>3.5</td>
<td>8.57E13</td>
<td>COBE</td>
<td>42</td>
<td>4.4E1 (6.5E1) b)</td>
<td>1.6E4 (2.2E4) b)</td>
<td>1.65 (0.85, −0.80)</td>
<td>0.73 (−0.41, 0.32)</td>
</tr>
<tr>
<td>4.9</td>
<td>6.12E13</td>
<td>COBE</td>
<td>42</td>
<td>3.0E1 (3.8E1) b)</td>
<td>1.1E4 (1.3E4) b)</td>
<td>1.58 (0.75, −0.83)</td>
<td>0.70 (−0.40, 0.30)</td>
</tr>
<tr>
<td>12</td>
<td>2.50E13</td>
<td>COBE</td>
<td>42</td>
<td>1.6E2</td>
<td>5.6E4</td>
<td>1.24 (0.62, −0.62)</td>
<td>0.74 (−0.37, 0.37)</td>
</tr>
<tr>
<td>12</td>
<td>2.50E13</td>
<td>IRAS</td>
<td>2</td>
<td>2.0E2 c)</td>
<td>1.2E5</td>
<td>0.30 (0.19, −0.11) d)</td>
<td>0.17 (−0.08, 0.09) d)</td>
</tr>
<tr>
<td>25</td>
<td>1.20E13</td>
<td>COBE</td>
<td>42</td>
<td>5.3E2</td>
<td>1.4E5</td>
<td>1.01 (0.60, −0.41)</td>
<td>0.64 (−0.37, 0.27)</td>
</tr>
<tr>
<td>25</td>
<td>1.20E13</td>
<td>IRAS</td>
<td>2</td>
<td>6.0E2 c)</td>
<td>2.0E5</td>
<td>0.30 (0.19, −0.11) d)</td>
<td>0.14 (−0.07, 0.07) d)</td>
</tr>
<tr>
<td>60</td>
<td>5.00E12</td>
<td>COBE</td>
<td>42</td>
<td>5.1E3</td>
<td>2.0E6</td>
<td>1.44 (0.70, −0.74)</td>
<td>0.77 (−0.43, 0.34)</td>
</tr>
<tr>
<td>60</td>
<td>5.00E12</td>
<td>IRAS</td>
<td>2</td>
<td>4.2E3 c)</td>
<td>2.1E6</td>
<td>1.30 (0.67, −0.63)</td>
<td>0.27 (−0.17, 0.10)</td>
</tr>
<tr>
<td>100</td>
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<td>COBE</td>
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<td>4.1E6</td>
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<td>0.80 (−0.47, 0.33)</td>
</tr>
<tr>
<td>100</td>
<td>3.00E12</td>
<td>IRAS</td>
<td>2</td>
<td>5.6E3 c) e)</td>
<td>3.9E6 e)</td>
<td>1.57 (0.86, −0.71)</td>
<td>0.32 (−0.19, 0.13)</td>
</tr>
<tr>
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<td>2.14E12</td>
<td>COBE</td>
<td>42</td>
<td>1.0E4</td>
<td>6.2E6</td>
<td>2.22 (1.27, −0.95)</td>
<td>0.78 (−0.46, 0.32)</td>
</tr>
<tr>
<td>240</td>
<td>1.25E12</td>
<td>COBE</td>
<td>42</td>
<td>5.0E3</td>
<td>2.8E6</td>
<td>2.40 (1.45, −0.95)</td>
<td>0.74 (−0.44, 0.30)</td>
</tr>
<tr>
<td>800</td>
<td>3.75E11</td>
<td>JCMT</td>
<td>0.5</td>
<td>1.1E2 c)</td>
<td>— f)</td>
<td>— f)</td>
<td>— f)</td>
</tr>
<tr>
<td>1200</td>
<td>2.50E11</td>
<td>MRT</td>
<td>0.18</td>
<td>3.1E1 c)</td>
<td>— f)</td>
<td>— f)</td>
<td>— f)</td>
</tr>
<tr>
<td>3 cm</td>
<td>1.00E10</td>
<td>Nobeyama</td>
<td>3.0</td>
<td>1.9E1 c)</td>
<td>1.8E3</td>
<td>— d)</td>
<td>— d)</td>
</tr>
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<td>6 cm</td>
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<td>Parkes</td>
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<td>2.0E1 c)</td>
<td>2.5E3</td>
<td>— d)</td>
<td>— d)</td>
</tr>
<tr>
<td>11 cm</td>
<td>2.70E09</td>
<td>Effelsberg</td>
<td>4.3</td>
<td>1.0E1 c)</td>
<td>2.0E3</td>
<td>— d)</td>
<td>— d)</td>
</tr>
<tr>
<td>21 cm</td>
<td>1.41E09</td>
<td>Effelsberg</td>
<td>9.4</td>
<td>1.6E1 c)</td>
<td>1.8E3</td>
<td>— d)</td>
<td>— d)</td>
</tr>
</tbody>
</table>

a) Beam-averaged surface brightness
b) First value: corrected for foreground extinction, (second value): additionally corrected for extinction by dust inside the NB (see Sect. 3.5.2)
c) Smoothed to the COBE DIRBE resolution (0.7°)
d) Emission is dominated by strong point sources. Size derived after subtraction of point sources
e) The IRAS 100 \mu m emission is saturated in the central region of the NB
f) The submm continuum maps cover only the inner ∼1.4° × 0.4°.

using different GB and extinction models (40% at 2.2 \mu m, 30% at 3.5 and 4.9 \mu m).

To fit the observed SEDs and derive physical parameters of stars and dust in the NB, we use a simple (not self-consistent) radiative transfer model consisting of three single-temperature dust components and one stellar component. All four components are homogeneously mixed. Hot massive MS stars are not considered since their contribution to the K-band flux density is marginal (except for the central few pc; see Sects. 5.1 through 5.3) and we don’t have data points shortward of 2.2 \mu m. The cold and warm dust components represent large “classical” grains with their temperature distribution. Hot dust emission represents very small stochastically heated grains with a possible contribution by PAHs as well as dust in hot circumstellar shells. The NIR part of the SED was calculated using the model for internal extinction in the NB described in Sect. 3.5.2. The final SEDs are \chi^2 fits to the observed flux densities with the three dust temperatures and masses and the effective stellar NIR temperature $T_{\text{NIR}}$ being free parameters. Here, $T_{\text{NIR}}$ is the effective black-body temperature derived from a fit to the completely extinction-corrected NIR flux densities (2.2 to 4.9 \mu m). Although the 2.2 \mu m flux density may be slightly affected by emission from hot stars for which the SEDs shown in Fig. 10 do not account, $T_{\text{NIR}}$ should approximately represent the average effective stellar temperature of cool evolved stars, which dominate the NIR luminosity of the NB (see Sect. 5.1). The contribution of hot stars in different regions of the NB will be further discussed in Sects. 5.1 through 5.3.

While the fit parameters for the dust emission sections of the SEDs are nearly independent of the particular extinction model of the NB, the results for the stellar (NIR) section depend strongly on the assumed distribution of extinction within the NB. Since the populations of evolved stars in the Nuclear and Galactic Bulge are found to be similar (see, Sect. 5.1), we assumed $T_{\text{NIR}}(\text{NB}) \sim T_{\text{NIR}}(\text{GB})$. This assumption could be fulfilled by setting $A_V(\text{NB}) \sim 20$ mag (plus 10% blockage; see Sects. 3.5.2 and 5.6). Higher values for the diffuse average extinction through the NB lead to unreasonably high temperatures and intrinsic luminosities (e.g., $A_V(\text{NB}) = 30$ mag yields $T_{\text{NIR}} \sim 8000$K and $L_{*\text{NIR}}(\text{NB}) \sim 3.5 \times 10^5 L_\odot$). The implication of this low diffuse extinction will be discussed in Sect. 5.6. Our model yields a total intrinsic stellar NIR...
luminosity\(^1\) of \(L_{\text{\footnotesize{NIR}}}(\text{NB}) \sim 7 \times 10^8 \, L_\odot\), which does not account for the contribution from hot stars.

The corresponding SED fits to the central 120 pc and the entire NB are shown in Fig. 10 and the results of the spectral decomposition and the derived masses and luminosities are given in Table 6. For the NB we used a relative metallicity \(Z/Z_\odot = 2\) (Appendix B, for the dust model used see Appendix A). Note that the dust emission in this model, and hence the derived hydrogen masses, account for all interstellar matter in the central \(\sim 6^\circ\). The uncertainties and the implications of the parameter fit to the SED will be discussed in Sect. 5. The corresponding SED for the central 1.25 pc and fit parameters of its spectral decomposition given in Table 6 are taken from Paper I. Note that in Paper I \(A_V = 31\) mag was used as total foreground extinction, assuming that all contributing stars are actually located in the central parsec (no line-of-sight spread). In Sect. 5 we make a further attempt to decompose the emission from the NB into contributions from different sub-components.

4.3.3. Column density and mass of Interstellar Matter in the Central Molecular Zone

A hydrogen column density map of the CMZ (i.e., all molecular material in the central kpc) can be derived from the optically thin 240 \(\mu\)m dust emission (surface brightness \(I_\nu\)) if the dust temperature \(T_d\) is known:

\[
N_H = \frac{I_\nu(\lambda)}{B_\nu(\lambda, T_d)} \frac{1}{m_H \kappa(\lambda)} \frac{M_H}{M_d}.
\]

Here, \(B_\nu(\lambda, T_d)\) denotes the Planck function, \(T_d\) the mass-averaged dust temperature\(^2\), \(m_H\) the mass of an Hydrogen atom, \(\kappa\) the mass absorption coefficient (dust opacity), and \(M_H/M_d\) the hydrogen-to-dust mass ratio (for the dust model used see Appendix A).

Since the dust grains in the NB have a broad temperature distribution, a simple black-body colour temperature derived from two FIR maps is not a good representation of the true dust temperature. Instead, we used an empirical colour temperature map derived from the COBE 60-140\(\mu\)m flux ratio map of the NB. The 140 and 60\(\mu\)m fluxes are dominated by emission from cold (15-30 K) and warm (40-100 K) dust ("classical" grains), respectively. Hot, stochastically heated very small grains mainly contribute at 12 and 25\(\mu\)m. The 60-140\(\mu\)m surface brightness ratio was scaled to the mass-averaged dust temperatures derived from the SED model fits to the central 120 pc and the entire NB (Fig. 10 and Table 6). We then assumed proportionality between \(T_d\) and \(S_{140}/S_{60}\) in the temperature range 15...30 K. The uncertainty of this method is smaller than \(\pm 1\) K, which results in a 30\% uncertainty in \(N_H\) at 16 K and 10\% at 25 K. Where the

\(^1\) \(L_{\text{\footnotesize{NIR}}}\) is the luminosity derived from a black-body fit to the extinction-corrected 2.2 to 4.9\(\mu\)m flux densities, assuming that the 2.2\(\mu\)m flux is not contaminated by emission from hot stars.

\(^2\) Mass-averaged dust temperature: average temperature of all dust components (mixed or separated along the line-of-sight) weighted with their respective masses. It is not necessarily identical with the effective colour temperature derived from flux density ratios.
surface brightness in the 60 and 140 μm COBE maps was below a certain cut-off level and no reliable dust temperature could be derived, the temperature was set to 16 K, the lowest value derived in the map.

The resulting dust temperature profile is shown in Fig. 15b and will be discussed in Sect. 5.5. Mass-averaged dust temperatures in the CMZ are in the range 16 to 25 K. The corresponding dust temperature map was then used to convert the COBE 240 μm map (Fig. 7) into a hydrogen column density map (Fig. 16b). This map shows a convincing similarity to the 12CO(1–0) map of Bitran et al. (1997; see Fig. 16a), indicating that both optically thin FIR dust emission and 12CO emission trace, at least on large scales, the same ISM. Beam-averaged column densities range from 1 to 15 × 10^{22} cm^{-2} with N_H(0°,0°) ∼ 7 × 10^{22} cm^{-2} (Fig. 15a). The asymmetry in the dust temperature and column density profiles and the relation of ISM to the stellar mass distribution in the NB will be discussed in Sect. 5.5.

Integrating the hydrogen column density map (Fig. 16b) yields a total hydrogen mass of M_H ~ 6.8 × 10^7 M_☉ in the central 8° (≈ 1 kpc) of the Galaxy. The area −2.5° ≤ l ≤ 3.8° contains M_H ~ 5.3 × 10^7 M_☉ which is in good agreement with the mass of 4.2 × 10^7 M_☉ derived from the SED model fit to the integrated flux densities (Sect. 4.3.2 and Table 6). In Sect. 5.5 we decompose the N_H map into components inside and outside the NB and derive the corresponding hydrogen masses and column densities.

5. Physical characteristics of the Nuclear Bulge

Based on the observational results presented in the previous Section, we derive and further discuss in this section physical characteristics of stars and ISM in the NB and its immediate environment.

5.1. The stellar population of the Nuclear Bulge

A comparison of the model K-band luminosity function (KLF) of the central 30 pc with the KLF observed in Baade’s Window indicates that the overall populations of low and intermediate-mass MS stars in Nuclear and Galactic Bulge are similar, but that the central 30 pc have an overabundance of K-luminous giants. These stars, which are interpreted as remnants of high star-formation activity some 10^7 to 10^8 yrs ago (e.g., Genzel et al. 1994), are more concentrated towards the centre than low-mass MS stars (Paper I, Fig. 6). Unique for the NB is a population of massive, young MS stars and supergiants which are also strongly concentrated towards the centre (Paper II; Genzel et al. 1996). The contribution of these stars to both dynamic mass and NIR luminosity is negligible (~ 7% and ~ 6%, respectively), but they dominate the bolometric luminosity in the central 30 pc (~ 80%) and are responsible for the ionization of the thin intercloud medium (see Sect. 5.6). The main contributor to the stellar mass are low-mass MS stars (> 90%), which account, however, for only ~ 6% of the NIR luminosity. The contribution of evolved stars to the stellar mass is negligible, but they dominate the NIR luminosity (~ 88%; for this and the above quantitative estimates see Paper II). Therefore, an estimate of the total stellar mass from the NIR luminosity is only possible when certain assumptions about the mixing of low-mass MS stars and evolved stars are made (see Sects. 5.3 and 5.4).

5.2. Morphology of the stellar Nuclear Bulge and the large-scale distribution of stars

Fig. 11. a) Contour map of the final (observed) 4.9μm map of the NB, corrected for extinction by dust in front of and inside the NB (thick grey contours, 10 to 85 in steps of 15% of the maximum surface brightness). Overlayed are the surface brightness contours of the best-fit model (shown in panel b) convolved with the DIRBE beam (thin black contours, same levels). b) Surface brightness map of the 'best fit' NIR model of the NB (see Sect. 5.2).

The size and morphology of the stellar NB can best be derived from the 4.9μm image where stellar emission dominates and extinction effects, i.e., uncertainties introduced in the data reduction and extinction correction process, are relatively small. Figure 11a shows the final 4.9μm COBE image of the NB corrected for foreground extinction and for extinction by dust inside the NB (see Sect. 3.5.2). Corresponding longitude and latitude profiles are shown in Figs. 12e and f. Despite some sub-beam-scale asymmetry at the centre, the overall NIR emission from the NB is symmetric with respect to the position of Sgr A*.

Since the coarse angular resolution of the COBE data prohibits interpretation of asymmetries on such a small scale, we assume that the large-scale distribution of stars in the NB is symmetric with respect to the GC.

To derive the physical size of the stellar NB, models of the volume emissivity distribution were constructed, the resulting surface brightness distribution calculated, con-
Table 7. Characteristics of Nuclear Stellar Cluster and Nuclear Stellar Disk

<table>
<thead>
<tr>
<th></th>
<th>$M_\star$</th>
<th>$L_{\text{NIR}}$</th>
<th>$L_{\text{tot}}$</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>NSC:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$\rho_0$ (Eq. (10)(a))</td>
<td>$3.3 \times 10^6,\text{M}_\odot/\text{pc}^{-3}$</td>
<td>$6.6 \times 10^6,\text{L}_\odot/\text{pc}^{-3}$</td>
<td>$2.0 \times 10^9,\text{L}_\odot/\text{pc}^{-3}$</td>
</tr>
<tr>
<td>central 1pc(b)</td>
<td>$7.0 \times 10^5,\text{M}_\odot$</td>
<td>$1.4 \times 10^6,\text{L}_\odot$</td>
<td>$4.2 \times 10^7,\text{L}_\odot$</td>
</tr>
<tr>
<td>central 1pc(c)</td>
<td>$1.5 \times 10^6,\text{M}_\odot$</td>
<td>$3.1 \times 10^6,\text{L}_\odot$</td>
<td>$9.2 \times 10^7,\text{L}_\odot$</td>
</tr>
<tr>
<td>entire NSC</td>
<td>$3 \pm 1.5 \times 10^7,\text{M}_\odot$</td>
<td>$6 \pm 3 \times 10^7,\text{L}_\odot$</td>
<td>$1.8 \pm 0.9 \times 10^9,\text{L}_\odot$</td>
</tr>
<tr>
<td><strong>NSD:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>inner $R \leq 120$ pc</td>
<td>$8 \pm 2 \times 10^8,\text{M}_\odot$</td>
<td>$4 \pm 1 \times 10^8,\text{L}_\odot$</td>
<td>$4 \pm 1 \times 10^8,\text{L}_\odot$</td>
</tr>
<tr>
<td>entire NSD</td>
<td>$1.4 \pm 0.6 \times 10^9,\text{M}_\odot$</td>
<td>$6.5 \pm 2 \times 10^8,\text{L}_\odot$</td>
<td>$6.5 \pm 2 \times 10^8,\text{L}_\odot$</td>
</tr>
<tr>
<td><strong>total NB:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>$1.4 \pm 0.6 \times 10^9,\text{M}_\odot$</td>
<td>$7 \pm 2 \times 10^8,\text{L}_\odot$</td>
<td>$2.5 \pm 1 \times 10^9,\text{L}_\odot$</td>
</tr>
</tbody>
</table>

(a) With $n = 2$ for $R \leq 6$ pc, $n = 3$ for $R > 6$ pc, and an outer cut-off radius $R_{\text{out}} = 200$ pc
(b) Integrated in a sphere with $R = 0.625$ pc (volume $V = 1$ pc$^3$)
(c) Integrated in a cylinder with $R = 0.625$ pc throughout the entire NSC (pencil beam with area $A = 1$ pc$^2$)
(d) Genzel et al. (1997); fixed input parameter
(e) Paper I, Table 1b; fixed input parameter
(f) Derived from $L_{\text{NIR}}$ with $M_\star/L_{\text{NIR}} = 2\,\text{M}_\odot/\text{L}_\odot$ (see Sect. 5.4)
(g) Derived from a two-component volume emissivity model fit of the form of Eq. (11) to the extinction-corrected 4.9 $\mu$m COBE map of the NB (Fig. 12).
(h) Table 6, line 7; fixed input parameter
(i) $L_{\text{tot}}$ includes the contribution from hot massive MS stars (see Sect. 5.3).

involved with the COBE beam, and then compared to the extinction-corrected 4.9 $\mu$m map.

It was found that the central few parsecs, which are not resolved by COBE, are dominated by the luminous Nuclear Stellar Cluster with an $R^{-2+0.3}$ power-law density profile (sometimes called the "central $R^{-2}$ star cluster"; e.g., Becklin & Neugebauer 1968; Serabyn & Morris 1995), and that a large-scale elliptical $R^{-2}$ mass distribution around the GC is approximately consistent with the dynamical mass contained in the central 300 pc (see Haller et al. 1996). However, such a distribution cannot explain the observed distribution of light on scales larger than 300 pc, which is highly elliptical and cannot be described by a single power law. The observed NIR surface brightness distribution can much better be reproduced by a large-scale exponential disk with the Nuclear Stellar Cluster (NSC) at its centre. In the following, we call this disk the Nuclear Stellar Disk (NSD) and describe our two-component model.

1. **Nuclear Stellar Cluster:** The radial K-band surface brightness distribution $\rho^k(R)$ in the central $R_{\text{GC}} = 0.625$ pc (Paper I, Fig. 6, here corrected for extinction) can be best fitted by a volume density distribution of the form:

$$
\rho^k(R) = \frac{\rho^k_0}{1 + \left(\frac{R}{R_0}\right)^n} \tag{10}
$$

with $n = 2.0$ and a core radius $R_0 = 0.22$ pc. The observed K-band flux density and NIR luminosity due to cool stars in this area of $A = 1$ pc$^2$ are $S_K \sim 350$ Jy and $L_{\text{cool}} \sim 3.1 \times 10^6\,\text{L}_\odot$, respectively (Paper I, Table 1). With these values we derive $\rho^k_0 \sim 6.6 \times 10^6\,\text{L}_\odot\,\text{pc}^{-3}$ for Eq. (10). To fit both the observed large-scale surface brightness distribution of the NB and the dynamical mass in the inner $R_{\text{GC}} \leq 20$ pc (see Sect. 5.4 and Fig. 14), a steeper power-law dependence of the stellar density in this cluster is required outside $R_{\text{GC}} \sim 5-10$ pc. We obtained a good fit with $n \sim 3$ beyond 6 pc, but could not put strong constraints on where and how this transition in the slope exactly occurs. With these parameters we derive a total NIR luminosity of the NSC of $L_{\text{NIR}} = 6 \pm 3 \times 10^7\,\text{L}_\odot$. The relatively large uncertainty reflects the range of possible cut-off radii and outer slopes. The luminosity contribution from high-mass MS stars and the mass distribution in the NSC will be discussed in Sects. 5.3 and 5.4. Parameters of the NSC are summarized in Table 7.

2. **Nuclear Stellar Disk:** Although other flat configurations may be conceivable for the NSD (e.g., a symmetric bar), we adopt a disk as the most likely configuration. The COBE NIR data are inconsistent with the disk having a single power-law emissivity profile. Instead, we obtain a good fit with an exponential-to-a-power law radial dependence of the volume emissivity:

$$
\rho^v(R) \propto \exp\left(\frac{1}{2} \left(\frac{R}{\sigma/2}\right)^n\right) \tag{11}
$$

with $\sigma$ the FWHM radius. Although the sum of two components with $\sigma_1/2 = 120$ pc and $\sigma_2/2 = 220$ pc, and $n = 5 \pm 1$ fits the data best, the presence of two distinct components may not have a physical meaning, but could reflect extinction effects inside the NB not accounted for in our model (see Sect. 5.5). The radial dependence of the volume emissivity in this disk can also be approximated by a range of different power laws: flat ($\propto R^{-0.1}$) at $R < 120$ pc, $\propto R^{-3.5}$ for $120$ pc $< R < 220$ pc, and a steep drop-off ($\propto R^{-10}$) at $R > 220$ pc. Since the NB is
unresolved in latitude, only an upper limit for its FWHM scale height of 60 pc (0.′40) could be derived from the COBE data. In Sect. 5.5 we derive a scale height of warm dust, which is closely related to the stellar NB, of 45±5 pc. Adopting this scale height and \( n = 1.4\pm0.2 \) (see Sect. 5.5), Eq. (11) yields a good fit to the latitude profile of COBE NIR data (Fig. 12f). The total NIR luminosity and average midplane volume emissivity of the NSD then amount to \( L_{\text{NIR}} = 6.5 \pm 2 \times 10^8 L_{\odot} \) and \( \rho_{\star} \sim 100L_{\odot} \text{ pc}^{-3} \), respectively. Parameters of the NSD are summarized in Table 7.

The corresponding total NIR surface brightness distribution, i.e., the sum of the contributions from NSC and NSD, is shown in Figs. 11b and 12c and d. For comparison, we also show in Fig. 12d the observed latitude profile of the IRAS 60 µm emission from the NB (90′ resolution). Finally, Figs. 11a and 12e and f compare, after convolution with the COBE beam, the modeled and observed NIR surface brightness profiles. Since we assumed symmetry with respect to the GC, the model was optimized to fit the average surface brightness at positive and negative latitude and longitude offsets, respectively. The observed and modeled latitude profiles do not match perfectly (Fig. 12f). However, the small scale height of the NB together with the uncertainties in the beam shape, which may have slightly varied during the observations, do not allow to put better constraints on the vertical density profile of the NB.

Although we cannot directly observe the emission from massive hot MS stars in the NB, their distribution can be derived from the emission by warm and hot dust and from free-free emission from HII regions. Figure 13 compares the NIR morphology of the NB (cool stars, NIR model) with the distribution of the above signatures of massive stars. It becomes clear that massive stars are neither evenly distributed throughout the NB nor are they present in the centre only. They are rather concentrated in several individual clusters, the brightest of which is centered at Sgr A* and represents the centre of the the NSC. This confirms our earlier finding that young massive stars are strongly concentrated towards the centre (Paper I), but also shows that these stars are not exclusively formed in the central few pc of the NB. Our models account for this by extrapolating the (smooth) radial distribution of
the NSC to large radii (see Sect. 5.3). A comprehensive overview over the distribution of HII regions and nonthermal features in the GC Region can be found in LaRosa et al. (2000).

5.3. The stellar luminosity of the Nuclear Bulge

The total stellar luminosity of the NB depends on the contributions by high-mass stars whose optical/UV emission cannot directly be observed due to the high extinction. It has been shown in Paper II that this contribution depends critically on the Present-Day Mass Function which in turn is determined by the star formation history of the NB (continuous star formation, star bursts, etc.). In view of these uncertainties we use the integrated NIR SED as the only observable quantity to derive the total luminosity of cool stars in the NB and discuss possible corrections to this value due to contributions by high-mass stars.

The total luminosity of cool stars in the NB can be derived by additionally correcting the observed stellar NIR emission (corrected for foreground extinction) for extinction by dust inside the NB. Using the dust distribution and extinction model described in Sect. 3.5.2, we derive \( L_{\text{NB}} \sim L_{\text{cool,obs}} + L_{\text{dust}} \) when corrected for all foreground extinction. This value amounts to \( L_{\text{NB}} = 6.7 \times 10^8 \, L_\odot \) (Table 6, line 7).

Assuming isotropic extinction and emission from the NB and assuming further that stellar emission is the only dust-heating source and that all stellar emission shortward of \( \lambda = 1 \, \mu m \) is completely absorbed by dust and re-radiated as thermal continuum emission, the total stellar luminosity of the NB (i.e., \( L_{\text{cool}} + L_{\text{hot}} \)) should be equal to the observed total luminosity (i.e., \( L_{\text{NIR,obs}} + L_{\text{dust}} \)) when corrected for all foreground extinction. This value holds for the entire NSC. The total stellar mass in the central 1.25pc or 30'' \( \sim 30 \times 10^6 \, M_\odot \), according to Genzel et al. (1997), is dominated by the central Black Hole (\( M_{\text{BH}} \sim 2.6 \times 10^9 \, M_\odot \)), which leaves a total stellar mass of \( M_\star \sim 7 \times 10^5 \, M_\odot \) in the central pc\(^3\). Assuming that the stellar mass distribution within the NSC has the same radial dependence as the NIR luminosity, the total mass in the central pc\(^3\) in Eq. (10) becomes \( \rho_0 \sim 3.3 \times 10^6 \, M_\odot \, pc^{-3} \). This yields \( M_\star / L_{\text{NIR,tot}} \sim 0.5 \) which we assume to hold for the entire NSC. The total stellar mass of the NSC becomes then \( M_\star (\text{NSC}) = 3 \pm 1.5 \times 10^7 \, M_\odot \).

In the following we use \( M_\star / L_{\text{NIR}} \) ratios observed in different regions to determine \( M_\star / L_{\text{NIR}} = f(R) \), then derive individual \( M_\star / L_{\text{NIR}} \) ratios for NSC and NSD, and use these ratios to convert the NIR luminosity distributions of NSC and NSD into a photometric mass distribution of the NB. Note that only average \( M_\star / L_{\text{NIR}} \) ratios are known for certain areas and that this ratio depends critically on the ratio of mass-dominating low-mass MS stars to luminosity-dominating evolved stars, which is not constant throughout the NB (see Sect. 5.1). Here, we assume that NSC and NSD have different, but intrinsically constant \( M_\star / L_{\text{NIR}} \) ratios and calibrate their values to reproduce the effective observed \( M_\star / L_{\text{NIR}} \) ratios in different areas where both components overlap.

The total mass in the central 1.25pc or 30'' \( \sim 3.3 \times 10^6 \, M_\odot \), according to Genzel et al. (1997), is dominated by the central Black Hole (\( M_{\text{BH}} \sim 2.6 \times 10^9 \, M_\odot \)), which leaves a total stellar mass of \( M_\star \sim 7 \times 10^5 \, M_\odot \) in the central pc\(^3\). Assuming that the stellar mass distribution within the NSC has the same radial dependence as the NIR luminosity, the total mass in the central pc\(^3\) in Eq. (10) becomes \( \rho_0 \sim 3.3 \times 10^6 \, M_\odot \, pc^{-3} \). This yields \( M_\star / L_{\text{NIR,tot}} \sim 0.5 \) which we assume to hold for the entire NSC. The total stellar mass of the NSC becomes then \( M_\star (\text{NSC}) = 3 \pm 1.5 \times 10^7 \, M_\odot \).

In Paper I we derive for the central 30 pc \( M_\star / L_{\text{NIR}} \sim 1 \). The increase of \( M_\star / L_{\text{NIR}} \) when averaged over larger areas is consistent with the notion that the density of low-
luminosity giants and low and intermediate-mass MS stars (spectral type O9 or later), which dominate the total stellar mass, decreases more slowly with increasing radius than that of K-luminous giants, supergiants, and early O stars (Paper I, Fig. 6). An effective \( M_* / L_{\text{NIR}} \) ratio of 1 for the central 30 pc can be reproduced by adopting \( M_* / L_{\text{NIR}} = 2 \) for the NSD, the same value as derived for the GB (see Sect. 4.2). This is consistent with the finding that the KLFs for low and intermediate-mass MS stars in Nuclear and Galactic Bulge are very similar (Paper II). Individual high-mass star-forming regions in the outer NB, which supposedly have a lower \( M_* / L_{\text{NIR}} \) ratio, are accounted for by extrapolating the NSC out to \( R = 230 \) pc (see Sect. 5.3). Assuming a 30% uncertainty for the \( M_* / L_{\text{NIR}} \) ratio, the NIR luminosity of the NSD (Table 7) converts into a photometric stellar mass of \( 1.4 \pm 0.6 \times 10^9 M_\odot \). The masses of the two model components NSC and NSD and of different spatial regions of the NB are given in Tables 7 and 9, respectively.

Figure 14 shows the mass distribution in spheres of radius \( R_{\text{GC}} \) around the GC derived from our volume emissivity model of the NB (NSC + NSD) together with the above discussed \( M_* / L_{\text{NIR}} \) ratios. Also shown are the mass of the central Black Hole (Eckart & Genzel 1998), the mass distribution in the GB (see Sect. 4.2), and the distribution of ISM in the NB and the outer CMZ (see Sect. 5.5, here corrected for He and metals). The mass distribution is dominated by the central Black Hole at \( R_{\text{GC}} < 2 \) pc, the NSC at \( 2 \) pc \( \leq R_{\text{GC}} \leq 30 \) pc, the NSD at \( 30 \) pc \( \leq R_{\text{GC}} \leq 400 \) pc, and the GB at \( R_{\text{GC}} > 400 \) pc. This photometrically derived mass distribution in the central 500 pc with the Black hole included is compared to different dynamical mass estimates (for references see caption Fig. 14). Both mass distributions agree very well. The presence of the NSD, which was inferred from the large-scale NIR surface brightness distribution of the NB, provides a logical explanation for the “kink” in the dynamical mass distribution at \( R_{\text{GC}} \sim 20 \) pc and the steep rise between \( R_{\text{GC}} \sim 20 \) pc and 100 pc. The power-law approximation by Sanders & Lowinger (1972) (Fig. 14 curve a; cf. Eq. (2.1) in MDZ96) also gives a reasonable estimate of the total enclosed mass in the inner 500 pc. However, it is inconsistent with the observed highly elliptical NIR surface brightness distribution of the NB and, in detail, does not fit the dynamical mass distribution well. Note that these authors assumed a constant \( M_* / L_{\text{NIR}} \) ratio for the entire GC region. Also shown in Fig. 14 is the stellar mass distribution contained in corresponding circular areas of radius \( R_{\text{GC}} \) when integrated through the entire NB (curve b). It reproduces correctly the integrated stellar mass in the central 30 pc derived from an analysis of the KLF of the K-band mosaic (\( M_* (30 \) pc) \( \sim 1.2 \times 10^8 M_\odot \); Paper II). Curve (b) cannot be directly compared to dynamical masses which refer to spherical volumes of radius \( R_{\text{GC}} \).

With \( M_\star (\text{NB}) = M_\star (\text{NSC}) + M_\star (\text{NSD}) = (1.4 \pm 0.6) \times 10^9 M_\odot \), the NB accounts for \( \sim 1-2\% \) of the total stellar mass in the GD and corresponds to \( \sim 10\% \) of the mass of the GB (see Sect. 4.2). The average mass density of stars in the NB (outside the central \( \sim 20 \) pc) is then \( \rho_\star ^{\text{NIR}} \sim (200\pm50) M_\odot \text{ pc}^{-3} \), which is more than 40 times higher than the expected central mass density in the GB when its exponential volume emissivity/density profile (Eq. (4)) is interpolated into the centre.

5.5. Morphology of Interstellar Matter in the Galactic Centre Region and its relation to the Nuclear Bulge

In Sect. 4.3.3 we derived a total hydrogen mass of \( 6.8 \times 10^7 M_\odot \) for the central \( \sim 1 \) kpc and confirmed the well-known asymmetry in the mass distribution of ISM in the CMZ. A comparison of the distribution of stars (Figs. 11a
Fig. 15. a) Longitude profile of hydrogen column density in the CMZ (see Fig. 16b). b) Mass-averaged dust temperature in the CMZ. c) Total dust luminosity per pc$^2$ (solid line). Grey dots show the (dereddened) 4.9 $\mu$m surface brightness which represents the stellar luminosity (scaled to match $L_d$). Dotted line at positive $l$: assumed intrinsic dust luminosity of the NB (see Sect. 5.5). d) Specific dust luminosity ($L_d/M_H$, solid line). Dotted line: assumed intrinsic specific dust luminosity of the NB (see Sect. 5.5). e) IRAS 60 and 100 $\mu$m surface brightness profiles, representing warm dust.

and 15c) and that of ISM (Figs. 15a and 16b) indicates that not all of the ISM in the CMZ is associated with the stellar NB. There are several indicators that allow to distinguish between dust inside and outside the stellar NB: 1. The stellar radiation density inside the NB must have a higher temperature and specific luminosity than dust outside the NB. Figures 15b and d show that both quantities are strongly enhanced in the central $|l| \leq 0.6$ ($\sim 25$ K and $13 - 15 L_\odot$/M$_\odot$, respectively), indicating the presence of a warm and luminous inner region ($R \leq 100$ pc) in the NB. At $-0.6 \leq l \geq -1.9$, both quantities decrease to $\sim 21$ K and $13 - 15 L_\odot$/M$_\odot$, respectively, indicating the presence of colder dust in the outer region of the NB. At $l \leq -1.9$, the approximate outer "edge" of the NB, both quantities drop sharply and approach $16 - 17$ K and $2 - 3 L_\odot$/M$_\odot$, respectively, values typical for dust located well outside the stellar NB, i.e., in the GB.

2. At negative $l$, the longitude profiles of the total dust luminosity and the 4.9 $\mu$m surface brightness agree well (Fig. 15c), indicating that the main dust-heating sources have the same spatial distribution as evolved stars, which dominate the NIR luminosity. Dust-heating mechanisms

Fig. 16. a) Distribution of $^{12}$CO(1–0) (HPBW = $0.15\arcmin$; Bitran et al. 1997; see also Mauersberger & Bronfman 1998). b) Hydrogen column density map of the central 8$^\circ$ derived from the COBE 240$\mu$m dust emission map (HPBW = $0.7\arcmin$). Contributions from the GD are subtracted. Contour lines are at 1.5, 2.5, 3.5 to 15.5 by $2 \times 10^{22}$ cm$^{-2}$. c) Column density map of ISM outside the NB. d) Column density map of ISM in the NB. e) Hydrogen column density map of the NB model (see Sect. 5.5). Contours are in steps of 10% of the maximum. Dotted contours show the distribution of ISM outside the NB. f) Longitude profile of hydrogen column density inside (black solid line; cf. map e) and outside the NB (dotted curve, not deconvolved; cf. map c). Light grey curve: observed 240$\mu$m surface brightness profile of dust inside the NB. Dashed line: modeled 240$\mu$m surface brightness profile of dust inside the NB (convolved with the COBE beam).
will be discussed in Sect. 6. In contrast, there is a relative dust luminosity excess at positive $l$.

3. At $l > 0\degree.3$ both the dust temperature and the specific dust luminosity drop sharply from values typical for the inner NB to values typical for ISM outside the NB (Figs. 15b and d). Together with the large peak at $l \sim 0\degree.9$ of the hydrogen column density (see Fig. 15a), this indicates the presence of large amounts of cold dust along the line of sight at positive longitudes. Hence we can attribute the dust luminosity excess at positive $l$ to cold dust located outside the stellar NB. By subtracting this excess from the total dust luminosity map, we obtain the luminosity map of dust associated with the stellar NB (longitude profile shown in Fig. 15c).

Since we showed in Sect. 5.2 that the distribution of stars (i.e., the density of the stellar NIR radiation field) is approximately symmetric with respect to the GC, we make the reasonable assumption that the specific luminosity ($L_d/M_H$) of dust inside the NB is the same at positive $l$ as it is at negative $l$, where no cold dust intersects the line of sight, and 'symmetrize' the map of the specific dust luminosity. The mass distribution of warm luminous dust inside the stellar NB is then derived by dividing the corrected dust luminosity map (profile shown in Fig. 15c, dotted curve) by the corrected map of the specific dust luminosity (profile shown as dotted curve in Fig. 15d). Low-luminosity dust outside the NB was filtered out from this map by setting a cut-off level for the specific dust luminosity at $5L_\odot/M_\odot$. The resulting hydrogen column density map of the NB is shown in Fig. 16d. This map is almost symmetric with respect to the GC.

However, because the column density map was calculated with the mass-averaged dust temperature, it is only a first-order estimate to the actual distribution of ISM in the NB. Figure 15b shows that the dust temperature in the inner part of the NB is considerably higher than in the outer parts. While we do not expect line-of-sight averaging effects at $|l| > 1\degree$, the value of $\sim 25 K$ at $|l| < 0\degree.4$ represents certainly an average of cold dust in the outer NB and warm dust in the inner NB. To correct the $N_H$ map of the NB (Fig. 16d) for this dust temperature gradient and to derive the three-dimensional density distribution, we transformed it back to a $240\mu m$ surface brightness map using an effective dust temperature map (profile in Fig. 15b) symmetrized in the same way as the specific dust luminosity (Fig. 15d). We then constructed and optimized a volume density model of ISM in the NB to fit, after convolution with the COBE beam, both the 'observed' $240\mu m$ surface brightness and line-of-sight integrated effective dust temperature. Although the sparsely resolved COBE maps do not allow to put strong constraints on the shape of the radial density profile, the flatness of the longitude FIR emission profile is not consistent with a homogeneously filled, optically thin disk. It rather suggests a torus-like configuration. Since molecular line data indicate the presence of a "180-pc Molecular Ring" (see Sect. 6 for discussion and references), the input configuration for our model was a 180-pc torus with $T_d = 21 K$ (see Fig. 15b) and an inner disk with a central density depression and $T_d > 25 K$. The free parameters were the (radial) thickness of the torus, its density profile, and the radial density profile and temperature of the inner disk. The best fit to the data was obtained with:

1. A torus with $R_0 = 180 pc$, $T_d = 21 K$, a radial density profile of the form given by Eq. (11) with $n = 4$, $\sigma_{FWHM} = 100 pc$ (i.e., $R_{in} = 130 pc$ and $R_{out} = 230 pc$), and $n_H^0 = 370 \pm 50 cm^{-3}$, and
2. an inner disk with $R_{out} = 120 pc$, $T_d = (31 \pm 3) K$, and $n_H^0 = 250 \pm 50 cm^{-3}$. The size and shape of the inner density depression could, of course, not be constrained.

The presence of a sharp transition in the physical characteristics of ISM and/or a change of the interstellar radiation field at $R_{GC} \sim 100 - 120 pc$ is also confirmed by the extremely sharp drop-off of the 60 and $100\mu m$ emission at $|l| \sim 0\degree.7$, which indicates a nearly complete ab-
sence of warm dust \((T_d > 30 \text{ K})\) in the outer torus at \(R > 120 \text{ pc}\) (see Figs. 15e and 17c). The total hydrogen masses of the inner disk and outer torus are \(\sim 4 \times 10^8 M_\odot\) and \(\sim 1.6 \times 10^7 M_\odot\), respectively. These numbers are compiled in Table 9. The notations used for the different stellar and ISM components of the NB and their interrelation are summarized in Table 8.

Since the NB is basically unresolved in latitude in the COBE maps, only an upper limit for its full scale height of 60 pc (0:40) could be derived. The IRAS maps provide a much higher angular resolution. The 100 \(\mu\text{m}\) emission is already representative for the bulk of the dust mass, although it may be somewhat biased towards warmer dust. A comparison between the COBE 60 \(\mu\text{m}\), 100 \(\mu\text{m}\), and 240 \(\mu\text{m}\) maps shows that cold dust extends further than warm dust in longitude, but not in latitude. Since the dust ridge is very prominent in the 100 \(\mu\text{m}\) IRAS map and its scale height is considerably larger than the IRAS beam, saturation of the 100 \(\mu\text{m}\) IRAS map in the very centre does not falsify the result much. The vertical surface brightness profile could be best fitted by a volume density distribution of the form of Eq. (11) with \(n = 1.4\) and \(\sigma = 45 \pm 5\) pc (0:30\(^\circ\pm\)0:03). The distribution is centered at \(b_0 \sim -0.05^{\circ}\), the position of SgrA*. This is in good agreement with the FWHM scale height of 12\(^{12}\text{CO}\) at \(l = 0^{\circ}\) of 50 pc (Bitran et al. 1997; see Fig. 16a). Since the 12\(^{12}\text{CO}\) emission is optically thick, the actual scale height is expected to be somewhat overestimated by this tracer.

In Fig. 16e, the resulting \(N_H\) map of the NB is displayed, and Fig. 16f shows the corresponding longitude profile as well as a comparison between the modeled (beam-convolved) and observed 240 \(\mu\text{m}\) surface brightness profiles. The corresponding radial profiles of the mid-plane hydrogen density and mass-averaged dust temperature are shown in Fig. 17. We call this configuration, i.e., the inner warm disk and the outer cold torus, the “Nuclear Molecular Disk”. It has the same size as the Nuclear Stellar Disk, i.e., \(R_{\text{ann}} = 230\text{ pc}\) and \(\Delta h_{\text{FWHM}} = 45 \pm 5\) pc.

Note that the continuum data used in this paper do not allow to distinguish between a disk/torus-like and a bar-like morphology. For example, the CMZ in IC 342, which resembles in many aspects our own GC region, seems to resemble a bent bar rather than a disk/torus (e.g., Schulz et al. 2001). However, the main parameters of the NB (compiled in Table 9) would not change dramatically if a bar-like morphology is assumed rather than a disk or torus-like morphology.

We attribute all other cold, low-specific-luminosity dust in the central kpc to ISM not heated by stars in the NB, and therefore located outside the stellar NB. Figure 16b shows the column density distribution of this material. The hydrogen masses at positive and negative \(l\) are \(M_{H^+} \sim 2.9 \times 10^7 M_\odot\) and \(M_{H^-} \sim 1.1 \times 10^7 M_\odot\), respectively. The average dust temperature and specific dust luminosity of this material are \(T_d \sim 15 - 17\text{ K}\) and \(L_d/M_{H^-} \sim 2 - 3 L_\odot/M_\odot\), respectively, compared to \(\sim 20 - 30\text{ K}\) and \(10 - 50 L_\odot/M_\odot\) for dust inside the NB. The total hydrogen mass in the central 1 kpc of our Galaxy (the CMZ) amounts then to \(M_{H}^{\text{CMZ}} \sim 6 \times 10^7 M_\odot\). Of this, one third is located in the Nuclear Molecular Disk, which is associated with the Nuclear Stellar Disk (i.e., the NB). Our estimate of the total hydrogen mass in the CMZ is intermediate between the values of \(2 \times 10^7 M_\odot\) and \(2 \times 10^8 M_\odot\) derived by Mauersberger & Bronfman (1998) from the optically thin \(^{18}\text{O}(1-0)\) and optically thick 12\(\text{CO}(2-1)\) lines, respectively, and agrees well with \(M_{H} \sim 2-6 \times 10^7 M_\odot\) derived by Sodroski et al. (1995) from COBE DIRBE data.

The total mass of the cold high-column-density complex at \(l \sim 0^{\circ}\) is \(M_{H} \sim 10^7 M_\odot\), of which the Sgr B2 GMC at \(l \sim 0^{\circ}\) contains \(\sim 10\%\) (Gordon et al. 1993). If this complex would be located in front of the NB, it would cause high extinction. We assumed that the same low fraction of the total mass in this complex as inside the NB contributes to diffuse extinction while most of the mass is concentrated in small, ultra-opaque clouds which block 10% of the light (see Sect. 5.6), and tested the effect of this cloud complex on the final (extinction-corrected) stellar NIR maps of the NB. Figure 18 shows clearly that the model with the cloud complex located in front of the NB yields a strong, implausible 2.2 \(\mu\text{m}\) excess, while the model with the cloud complex on the back side yields a good agreement of the reddened 2.2 \(\mu\text{m}\) and 4.9 \(\mu\text{m}\) surface brightness profiles. There is no reason to believe that the average effective stellar temperature in the NB is much higher at positive longitudes than at negative longitudes, nor does the specific dust luminosity indicate an excess of hot stars at \(l > 0.5^{\circ}\) (see Fig. 15d). Since this test may be affected by the low angular resolution of the COBE data, we cannot ultimately conclude that the entire “+1\(^{\circ}\) cloud complex” is located behind the NB. Indeed, the new 2MASS and MSX images\(^3\) of the NB indicate the presence of some very opaque dust lanes in front of the NB at \(l > 0.4^{\circ}\). However, on a large scale, we can exclude that this material causes strong extinction towards the NB (see Sect. 3.5.2).

5.6. Physical characteristics of Interstellar Matter in the Nuclear Bulge

From the model described in the previous section, we derive a total hydrogen mass of the Nuclear Molecular Disk of \(\sim 2 \times 10^7 M_\odot\), of which \(4 \times 10^6 M_\odot\) are located in the inner warm disk at \(R \leq 120\text{ pc}\) and \(1.6 \times 10^7 M_\odot\) (~80%) are distributed in the outer cold torus. The corresponding dust luminosities amount to \(\sim 2 \times 10^8 L_\odot\) in each of the two components. Average densities in the inner disk and outer torus are \((n_H) \sim 100 \text{ cm}^{-3}\) and \(\sim 150 \text{ cm}^{-3}\), respectively. This high average hydrogen density supports the observation that most of the gas in the NB is in molecular form. The mid-plane hydrogen column density through the entire NB is \(\sim 1 \times 10^{23} \text{ cm}^{-2}\). Assuming homogeneous

\(^3\) 2MASS Image mosaic and 2MASS-MSX image combination by E. Kopan (IPAC) (http://antwrp.gsfc.nasa.gov/apod/ap000705.html)
matter distribution, this corresponds to a total visual extinction of $\sim 100\text{mag}$ between the front side of the NB and the GC, of which $\sim 80\text{mag}$ are due to the cold outer dust torus. This clearly contradicts both the value of $\sim 10$-15 mag derived from the NIR colours of the NB (Sect. 4.1 and 4.3.2) and the total visual extinction of 30 mag between the Sun and the GC (e.g., Whitelock & Glass 1990).

This apparent contradiction can be solved when we assume that only $\sim10\%$ of ISM (by mass) in the NB is homogeneously distributed, while $90\%$ of the mass is trapped in small, discrete clouds which cover only a small fraction of the total area. A high degree of clumpiness is indeed confirmed by high-resolution submillimetre continuum maps of the NB at $\lambda 800\mu m$ (Lis & Carlstrom 1994) and $\lambda 1.2\text{mm}$ (Zylka et al. 2001, in prep.). These maps show only very little extended emission between and around the dense clumps/clouds. We also find that the average column density of the central 120 pc of $N_\text{H} \sim 7 \times 10^{22}\text{cm}^{-2}$ (not deconvolved; see Sect. 4.3.3) agrees well with the value of $\sim 8 \times 10^{22}\text{cm}^{-2}$ derived from the $\lambda 1.2\text{mm}$ map (when smoothed to the same angular resolution and assuming $T_\text{d} = 25\text{K}$). It also agrees well with the value $N_\text{H} \sim 8 \times 10^{22}\text{cm}^{-2}$ which we derive from the C$^{18}$O($1$–$0$) map by Dahmen et al. (1997) using Eq. (7) of Maurersberger & Bronfman (1998) with [C$^{18}$O]/[H$_2$] $\sim 4 \times 10^{-7}$ and adopting $T_\text{kin} \sim 20\ldots 30\text{K}$.

The fact that the chopped submm continuum maps, the total power low-resolution COBE FIR maps as well as the C$^{18}$O data see all the same hydrogen mass in the central 120 pc rules out that the high-resolution submm measurements have resolved out a considerable amount of extended emission. This confirms the assumption that most of the ISM in the NB is concentrated in very compact molecular clouds. A first inspection of the 1.2 mm map suggests an area filling factor of dense clouds in the NB of $\sim 15\%$ or less. This translates into a volume filling factor of only a few per cent. The average density of these compact molecular clouds, which contain $\sim 90\%$ of the total hydrogen mass in the NB, becomes then $n_\text{H} \sim 10^4\text{cm}^{-3}$. Note that this is a very rough estimate and that the actual densities in the cloud cores may be much higher.

The average visual extinction of these clouds would be of order 1000 mag and they become optically thin only at $\lambda \geq 100\mu m$. Thus, our mass estimate, which is based on the assumption that the 240$\mu m$ emission is optically thin, should still be valid. We call these clouds “ultra-opaque” and assume that $\sim 10\%$ of the stellar emission from the NB and the back side of the GB is completely blocked out by them (see Sect. 3.5.2). Further characteristics of these clouds are being investigated in Paper IV (Zylka et al., in prep.).

The physical reason for this clumpiness is most probably the tidal stability limit. We find that in the gravitational potential of the mass distribution shown in Fig. 14 only clouds with densities higher than a few times $10^3 - 10^4\text{cm}^{-3}$ are stabilized against tidal forces by their own gravitation (cf. Güsten & Downes 1980). In contrast to Güsten & Downes (1980), who use the mass distribution derived by Sanders & Lowinger (1972), we find that this limit holds only for the outer NB ($R \geq 120\text{pc}$) and that the shallow mass distribution in the inner Nuclear Stellar Disk causes a stability window between $R_\text{GC} \sim 50$ and 110 pc. Inside 50 pc only superdense clouds are stable against tidal disruption.

For the central region of IC 342, which resembles in many aspects our own GC region, but is seen face-on, Schulz et al. (2001) also find that the molecular gas is extremely clumpy and that the bulk of the gas mass in the inner $\sim 50$ pc of this galaxy is concentrated in compact clouds with $M_\text{H} \sim 10^6\text{M}_\odot$ and $n_\text{H} \sim 10^4\text{cm}^{-3}$. Quantitatively, this is a striking similarity to the conditions in our own GC region.

The total mass and average density of the homogeneously distributed intercloud medium in the NB are then $M_\text{H} = 2.0 \pm 0.5 \times 10^6\text{M}_\odot$ and $n_\text{H} \sim 10\text{cm}^{-3}$, respectively. The presence of a diffuse, hot, ionized intercloud medium in the NB is supported by the presence of extended thermal (free-free) radio emission (see Fig 9, 6 cm map). Mezger & Pauls (1979) derived for the extended, low-density ionized gas in the NB an average electron temperature of $T_e \sim 5000\text{K}$ and an electron density of $n_e \sim 10\text{cm}^{-2}$. The total mass of this component is $M_{e\text{H}} \sim 2 \times 10^6\text{M}_\odot$. Both values are in good agreement with our estimate. The detection of extended X-ray emission in the inner $\sim 1\degree 8$ of the NB indicates the presence of second diffuse component, i.e. a very hot Plasma (e.g., Koyama et al. 1996).

6. Towards an empirical model of the Nuclear Bulge

Using COBE and IRAS NIR to FIR data, we derived the morphology and physical characteristics of stars and ISM in the central kpc of the Galaxy. Figure 19 summarizes the projected large-scale distribution of stars and ISM in the Galactic Centre Region. We find that the central $D \sim 500\text{pc}$ are dominated by the Nuclear Bulge, a dense and massive disk-like complex of stars and ISM, which is clearly distinguished from the much larger Galactic Bulge in which it is embedded. Similar distinct nuclear star clusters have been found by HST observations in the centers of many exponential bulges in intermediate and late-type spiral galaxies (e.g., Carollo et al. 1998). Here, we derived density and luminosity distributions of the various stellar and gaseous components populating the Nuclear Bulge of our own Galaxy. Notations and spatial extents of these components are described in Table 8 and their physical characteristics are compiled in Table 9.

The Nuclear Bulge appears, in projection, as a flat bar with an outer radius of $230\pm 20\text{pc}$, FWHM scale height 45$\pm 5\text{pc}$, and diameter-to-thickness ratio 5:1. Its overall morphology appears disk-like and symmetric with respect to the Galactic Centre. This disk may be elliptical, in which case it would rather resemble a bar. The Nuclear Bulge consists of the large Nuclear Stellar Disk with the $R^{-2}$ Nuclear Stellar Cluster at its centre, and the Nuclear...
Table 8. Notations used for different physical components and spatial regions of the NB

<table>
<thead>
<tr>
<th>Stellar Components:</th>
<th>Explanation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nuclear Stellar Cluster (NSC):</td>
<td>Central $\rho \propto r^{-2}$ stellar cluster, as first described by Becklin &amp; Neugebauer (1968). Its central part is identical with the star cluster discussed in Paper I (Fig.6).</td>
</tr>
<tr>
<td>Nuclear Stellar Disk (NSD):</td>
<td>Large-scale disk ($R_{\text{cut}} \sim 230$ pc) of mainly cool stars with a possible density drop at $R \sim 120$ pc. Contains most of the mass in the NB.</td>
</tr>
<tr>
<td>Nuclear Bulge (NB):</td>
<td>The sum of the NSC and NSD.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ISM Components:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inner warm disk:</td>
</tr>
<tr>
<td>Outer cold torus:</td>
</tr>
<tr>
<td>Nuclear Molecular Disk (NMD):</td>
</tr>
<tr>
<td>Central Molecular Zone (CMZ):</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Spatial regions:</th>
<th>(see Table 9)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Central 1.25 pc:</td>
<td>Sphere of $R = 0.625$ pc around the GC (Volume $\sim 1$ pc$^3$). Dominated by the NSC.</td>
</tr>
<tr>
<td>Inner NB:</td>
<td>Stars and ISM at $R &lt; 120$ pc, defined by the sharp transition of ISM characteristics and a possible drop of the stellar density at $R \sim 120$ pc. Includes the central 1.25 pc.</td>
</tr>
<tr>
<td>Outer NB:</td>
<td>Outer part of the NB and NMD (the outer cold ISM torus), mainly defined by the complete lack of warm and hot dust at $R &gt; 120$ pc (the outer cold ISM torus). Stellar population dominated by the NSD.</td>
</tr>
</tbody>
</table>

Molecular Disk. In our analysis, we neglected the small-scale asymmetry seen in the COBE NIR images (see Fig. 7 and Sect. 5.2). On small scales, the Nuclear Bulge may well be not as symmetric as suggested by our results. This remains, however, subject to further studies which have to combine NIR, MIR, and submm data with much higher angular resolution than provided by the COBE data.

The total mass of the Nuclear Bulge amounts to $1.4 \pm 0.6 \times 10^9 M_\odot$, of which $\sim 99\%$ is contained in stars and $1\%$ in ISM, mainly in the form of dense molecular clouds. The Nuclear Bulge accounts thus for $\sim 1\%$ of the total stellar mass in the Galactic Disk and Bulge. In contrast to the usual assumption that the mass distribution in the central 300 pc is dominated by an $R^{-2}$ cluster, we find that the density profile of the Nuclear Stellar Cluster steepens outside $R_{\text{GC}} \sim 5 - 10$ pc and that it only dominates the inner $R_{\text{GC}} \sim 20 - 30$ pc. At larger radii, the mass distribution is dominated by the Nuclear Stellar Disk which has a rather flat radial density profile inside $R_{\text{GC}} \sim 120$ pc and a well-defined outer boundary at $\sim 230$ pc. The Galactic Bulge begins to dominate the mass distribution only for $R_{\text{GC}} > 400$ pc. The photometric mass distribution in the inner 500 pc derived from our models of the Nuclear and Galactic Bulge (with the central Black Hole included) agrees well with the dynamical mass distribution derived by other authors and with the total stellar mass in the central 30 pc as deduced in Paper II from the KLF of this region (see Fig. 14). The total stellar luminosity of the Nuclear Bulge amounts to $L_\odot \sim 2.5 \pm 1 \times 10^8 L_\odot$, of which $7 \pm 2 \times 10^8 L_\odot$ ($\sim 30\%$) arise from cool low-mass MS and evolved stars. The contribution by hot and massive stars ($\sim 70\%$) is highly uncertain. The Nuclear Bulge thus contributes $\sim 5\%$ to the total luminosity of the Galactic Disk and Bulge.

The stellar population of the Nuclear Bulge appears to resemble that of the Galactic Bulge. Unique for the Nuclear Bulge, however, is a population of young massive stars and an over-abundance of luminous giant and supergiant stars, which are both strongly concentrated towards the centre and are mainly associated with the Nuclear Stellar Cluster. However, the distribution of hot dust, HII regions, and supernova remnants (Fig. 13; see LaRosa et al. 2000) indicates that star formation occurs throughout the entire Nuclear Bulge and not exclusively at its centre. Ongoing star formation is one of the key characteristics which distinguish the Nuclear Bulge from the Galactic Bulge. The star formation history of the Nuclear Bulge, based on the analysis of the KLF of the central 30 pc, has been discussed in Paper II.

The total hydrogen mass in the central kpc, referred to as the Central Molecular Zone, amounts to $M_\text{H} \sim 6 \times 10^7 M_\odot$ or, if corrected for He and metals, to $M_\text{ISM} \sim 1 \times 10^8 M_\odot$. We find that $\sim 2/3$ of this material is located outside the stellar Nuclear Bulge and not heated by these stars. About $3 \times 10^7 M_\odot$ are at positive $l (0^\circ 5 - 4^\circ)$ and $1 \times 10^7 M_\odot$ at negative $l (-2^\circ - 4^\circ)$, thus causing the observed asymmetry in the distribution of ISM in the Central Molecular Zone. The physical reason for this asymmetry is not known. Only $\sim 2 \times 10^7 M_\odot$ are directly associated with the stellar Nuclear Bulge. Gas and dust...
in this Nuclear Molecular Disk, which is approximately symmetric with respect to the Galactic Centre, are distributed in a thin and warm inner disk ($T_{\text{HII}} \sim 30\,\text{K}$) and a colder, dense outer torus ($\sim 20\,\text{K}$) between $R_{\text{G}} \sim 120$ and 220pc, which contains $\sim 80\%$ of the total gas mass in the Nuclear Bulge.

The presence of such a molecular torus in a large-scale bar potential (due to the barred Galactic Bulge) is predicted by the same dynamical models as described in Sect. 1. Due to shocks and angular momentum loss on the inner self-intersecting $X_1$ orbits in the HI Central Disk, the gas is driven further inward and being compressed to densities at which molecular clouds form, and finally settles on stable $X_2$ orbits (e.g., Binney et al. 1991; Englmaier & Gerhard 1999; Englmaier & Shlosman 2000). The outer Central Molecular Zone would then represent the region between the innermost stable $X_1$ orbit and the more circular $X_2$ orbits. The massive outer torus of the Nuclear Molecular Disk can be associated with the region where this gas has accumulated on stable $X_2$ orbits and becomes dense enough to form stars. One implication of this interpretation is that star formation in the Nuclear Bulge should occur – apart from the very centre – mainly in the outer molecular torus. Indeed, the distribution of giant HII region complexes and supernova remnants across the entire Nuclear Bulge, with the outermost ones being at $R_{\text{G}} = 170 – 190\,\text{pc}$ (Sgr D and E; see LaRosa et al. 2000 and Fig. 13) is consistent with the presence of a modest star-forming ring with a mean radius of 180pc around the galactic centre. The relation between this massive torus and the narrow 180-pc Molecular Ring (Bally et al. 1987) is not fully understood (see Sect. 1).

Extinction arguments lead to the conclusion that ISM in the Nuclear Molecular Disk is extremely clumpy. This is confirmed by high-resolution submm continuum maps of the inner Nuclear Bulge (Lis & Carlstrom 1994; Zylka

<table>
<thead>
<tr>
<th>Component:</th>
<th>Total</th>
<th>Central 1.25 pc</th>
<th>Inner NB</th>
<th>Outer NB</th>
<th>Ref./Sect.</th>
</tr>
</thead>
<tbody>
<tr>
<td>$R/\text{pc}$</td>
<td>230±20</td>
<td>0.625</td>
<td>120±20</td>
<td>120·230</td>
<td>5.2, 5.5</td>
</tr>
<tr>
<td>$h_{\text{FWHM}}/\text{pc}$</td>
<td>45±5</td>
<td>–</td>
<td>45±5</td>
<td>45±5</td>
<td>5.2, 5.5</td>
</tr>
<tr>
<td>Stars:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$M_*/M_\odot$</td>
<td>1.4 ± 0.6 × 10$^9$</td>
<td>7 × 10$^5$</td>
<td>8 ± 3 × 10$^8$</td>
<td>6 ± 2 × 10$^6$</td>
<td>5.4</td>
</tr>
<tr>
<td>$\langle \rho_{\text{PMs}} \rangle/(M_\odot\text{pc}^{-3})$</td>
<td>200 ± 50</td>
<td>7 × 10$^5$</td>
<td>400 ± 100</td>
<td>120 ± 30</td>
<td>5.4</td>
</tr>
<tr>
<td>$L_{\text{S,NIR}}/L_\odot^{(a)}$</td>
<td>7 ± 2 × 10$^6$</td>
<td>1.4 × 10$^6$</td>
<td>4 ± 1 × 10$^8$</td>
<td>3 ± 1 × 10$^6$</td>
<td>5.3</td>
</tr>
<tr>
<td>$L_{\text{S,tot}}/L_\odot^{(b)}$</td>
<td>2.5 ± 1 × 10$^9$</td>
<td>4 × 10$^7$</td>
<td>2 ± 1 × 10$^9$</td>
<td>5 ± 2 × 10$^6$</td>
<td>5.3</td>
</tr>
<tr>
<td>$L_{\text{S,NIR}}/L_{\text{S,tot}}$</td>
<td>0.28</td>
<td>0.035</td>
<td>0.20</td>
<td>0.60</td>
<td>5.3</td>
</tr>
<tr>
<td>$T_{\text{S,eff}}/K^{(a)}$</td>
<td>4400 ± 400</td>
<td>≥4500</td>
<td>4400 ± 400</td>
<td>4400 ± 400</td>
<td>4.32</td>
</tr>
<tr>
<td>$(M_*/L_{\text{S,NIR}})/(M_\odot/L_\odot)$</td>
<td>2 ± 0.3</td>
<td>0.5 ± 0.2</td>
<td>2 ± 0.3</td>
<td>2 ± 0.3</td>
<td>5.3, 5.4</td>
</tr>
<tr>
<td>$(M_*/L_{\text{S,tot}})/(M_\odot/L_\odot)$</td>
<td>0.6 ± 0.3</td>
<td>0.02 ± 0.01</td>
<td>0.4 ± 0.2</td>
<td>1.2 ± 0.5</td>
<td>5.3, 5.4</td>
</tr>
<tr>
<td>ISM:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$M_\text{H}/M_\odot$</td>
<td>2.0 ± 0.3 × 10$^7$</td>
<td>–(d)</td>
<td>4 ± 1 × 10$^6$</td>
<td>1.6 ± 0.3 × 10$^5$</td>
<td>5.5</td>
</tr>
<tr>
<td>$\langle n_\text{H} \rangle/\text{cm}^{-3}^{(c)}$</td>
<td>140 ± 30</td>
<td>–(d)</td>
<td>100 ± 30</td>
<td>150 ± 30</td>
<td>5.6</td>
</tr>
<tr>
<td>$L_{\text{dust}}/L_\odot$</td>
<td>4.0 ± 0.2 × 10$^8$</td>
<td>–(d)</td>
<td>2 ± 0.3 × 10$^8$</td>
<td>2 ± 0.3 × 10$^8$</td>
<td>5.5</td>
</tr>
<tr>
<td>$T_{\text{dust}}/K^{(a)}$</td>
<td>20–30</td>
<td>–(d)</td>
<td>31 ± 3</td>
<td>21 ± 1</td>
<td>5.5</td>
</tr>
<tr>
<td>$(L_{\text{dust}}/M_\text{H})/(L_\odot/M_\odot)$</td>
<td>20 ± 3</td>
<td>–(d)</td>
<td>50 ± 10</td>
<td>12.5 ± 2</td>
<td>5.5</td>
</tr>
<tr>
<td>ISM/Stars:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$(M_\text{H}/M_*)$</td>
<td>1.4 ± 0.5 × 10$^{-2}$</td>
<td>–(d)</td>
<td>5 ± 1.5 × 10$^{-3}$</td>
<td>2.7 ± 0.5 × 10$^{-2}$</td>
<td></td>
</tr>
<tr>
<td>$(L_{\text{dust}}/L_{\text{S,NIR}})^{(a)}$</td>
<td>0.6 ± 0.2</td>
<td>–(d)</td>
<td>0.5 ± 0.2</td>
<td>0.7 ± 0.2</td>
<td></td>
</tr>
<tr>
<td>$(L_{\text{dust}}/L_{\text{S,tot}})^{(b)}$</td>
<td>0.16 ± 0.08</td>
<td>–(d)</td>
<td>0.10 ± 0.05</td>
<td>0.4 ± 0.2</td>
<td></td>
</tr>
</tbody>
</table>

(a) $T_{\text{NIR}}$ derived from NIR SEDs. Represents $T_{\text{eff}}$ of cool stars and does not include contribution from hot massive stars
(b) Includes contribution from hot massive stars
(c) Average $n_\text{H}$, assuming homogeneous matter distribution. The ISM is actually composed of discrete dense molecular clouds with $\langle n_\text{H} \rangle \sim 10^4\text{cm}^{-3}$ and a thin intercloud medium with $n_\text{H} \sim 10\text{cm}^{-3}$ (see discussion in Sect. 5.6).
(d) Values could not be derived
(e) Note that some values for the three sub-regions of the NB represent average characteristics of different physical components which overlap in these regions. Some of these values are not individually derived in the corresponding sections, but arise from the combined model of the NB.
Since only clouds with densities higher than a few times \(10^5\) are stabilized against tidal forces by their extreme clumpiness of the ISM, at least the soft UV radiation can penetrate the entire Nuclear Bulge, ionize the thin intercloud gas, and heat the dust in this component to high temperatures. This soft UV radiation together with the strong stellar NIR radiation field also dominates the heating of the dense molecular gas (e.g., Poglitsch et al. 1991; Hüttemeister et al. 1998; Schulz et al. 2001). The relative lack of hot dust (200 – 400 K) and the abrupt decrease of specific dust luminosity beyond \(R_{GC} \sim 100 – 120\) pc supports our finding that most of the gas and dust in the Nuclear Molecular Disk is contained in very compact and massive molecular clouds distributed mainly in a torus between \(R_{GC} \sim 120\) and 220 pc. Most of their mass then is effectively shielded from the strong interstellar radiation field in the Nuclear Bulge. Gas in the inner Nuclear Molecular Disk must also be clumpy so that the radiation field can penetrate and maintain the high mass-averaged dust temperature of > 30 K. However, the absence of a stringent tidal stability limit between \(R_{GC} \sim 50\) and 110 pc allows smaller clouds to exist in this region, which have a larger surface-to-mass ratio and can be more effectively heated, thus explaining the large excess of hot dust compared to the outer torus.

With its flat disk and ring-like morphology, high stellar density, high degree of clumpiness of ISM, and ongoing star formation, the Nuclear Bulge may be tentatively considered as counterpart of the central complex in IC342 (e.g., Wright et al. 1993; Böker et al. 1997; Mauersberger & Bronfman 1999; Schulz et al. 2001) or even of the massive gaseous tori seen in starburst galaxies (e.g., Downes & Solomon 1998).

Since we used a distance of 8.5 kpc to the Galactic Centre, all sizes have to be scaled by (8/8.5)\(^2\) \(\sim 0.94\), and masses and luminosities by (8/8.5)\(^2\) \(\sim 0.89\), when the numbers are being compared to other studies which use a distance of 8 kpc. These corrections are, however, smaller than the uncertainties of our results.

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Forschungsgemeinschaft. The COBE datasets were developed by the NASA Goddard Space Flight Center under the guidance of the COBE Science Working Group and were provided by the National Space Science Data Center. SkyView was developed and is maintained under NASA ADP Grant NAS 5-32068 with P.I. Thomas A. McGlynn under the auspices of the High Energy Astrophysics Science Archive Research Center (HEASARC) at the Goddard Space Flight Center Laboratory for High Energy Astrophysics.

Appendix A: The interstellar dust extinction curve

![Opacity spectrum of the dust model used in this paper (cm$^2$ per gram of dust).](image)

**Fig. A.1.** Opacity spectrum of the dust model used in this paper (cm$^2$ per gram of dust).

**Table A.1.** Dust opacities (per gram of dust)

<table>
<thead>
<tr>
<th>$\lambda$ [(\mu m)]</th>
<th>$\kappa(\lambda)$ [cm$^2$ g$^{-1}$]</th>
<th>$\lambda$ [(\mu m)]</th>
<th>$\kappa(\lambda)$ [cm$^2$ g$^{-1}$]</th>
<th>$\lambda$ [(\mu m)]</th>
<th>$\kappa(\lambda)$ [cm$^2$ g$^{-1}$]</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.55</td>
<td>32100</td>
<td>4.9</td>
<td>926</td>
<td>140</td>
<td>20</td>
</tr>
<tr>
<td>1.25</td>
<td>9030</td>
<td>12</td>
<td>1190</td>
<td>240</td>
<td>7.3</td>
</tr>
<tr>
<td>1.65</td>
<td>5300</td>
<td>25</td>
<td>415</td>
<td>800</td>
<td>0.71</td>
</tr>
<tr>
<td>2.2</td>
<td>3590</td>
<td>60</td>
<td>77</td>
<td>1300</td>
<td>0.31</td>
</tr>
<tr>
<td>3.5</td>
<td>1800</td>
<td>100</td>
<td>34</td>
<td>3000</td>
<td>0.072</td>
</tr>
</tbody>
</table>

A “standard” extinction curve was adopted for the entire GD and the NB since extinction along the line of sight toward the GC is believed to be dominated by dust in the diffuse ISM as well as for low- and intermediate-density molecular clouds (Tielens et al. 1996). The dust opacity spectrum used here is based on data from Rieke & Lebofsky (1985) for $\lambda = 0.36...13\mu m$ and Draine & Lee (1984) for $\lambda = 13\mu m...1.3\text{mm}$. Tabulated values for dust grains without ice mantles and no coagulation were taken from Ossenkopf & Henning 1994, who assumed a MRN grain size distribution (Mathis et al. 1977). Figure A.1 shows the dust opacity spectrum used in this paper and Table A.1 lists opacities per gram of dust for selected wavelengths. A “standard” H-to-dust mass ratio in the solar neighbourhood of $(M_H/M_d)_\odot = 110$ was adopted (Draine & Lee 1984; Mathis & Wallenhorst 1981; Krügel et al. 1990), which scales with the reciprocal of the relative metallicity $Z/Z_\odot$ (see Fig. B.1). The resulting $A_V/N_H$ ratio amounts to $(A_V/N_H)_\odot = 5.3 \times 10^{-22}$ (for $Z/Z_\odot = 1$; Bohlin et al. 1978). The FIR/submm spectral index of the dust opacity is $\beta = -1.8$.

Appendix B: Distribution of Interstellar Matter in the Galactic Disk

![Main parameters of the Galactic Disk model.](image)

**Fig. B.1.** Main parameters of the Galactic Disk model. 

a) HWHM height of the density profiles of H I and H$_2$ in the GD. Data points (black squares for H$_2$ and grey circles for H I) were taken from Wouterloot et al. (1990). The solid lines show the scale heights of H I and H$_2$ adopted for the model. 

b) Ring-averaged volume density profiles (H cm$^{-3}$) at $b=0^\circ$. The ripples are due to the spiral structure. 

c) Mean dust temperature in the Galactic plane. 

d) Relative abundance of heavy elements as function of galactic radius (after Afflerbach et al. 1997).

To treat the emission and extinction by dust in the GD in an appropriate way and to correctly derive NIR surface brightness maps of the NB, a three-dimensional model of the distribution of ISM in the GD was developed. The primary goal of this model was to derive extinction maps towards the GB and NB and to separate the MIR to FIR emission from the GD into contributions from the front and back sides with respect to the GC region. Proper modeling of the NIR surface brightness distribution of the GB, which is impossible without applying correct extinction corrections, is particularly important since due to its exponential profile the separation of GB and NB is very
and were adjusted to fit the FIR data. A sech$^2$ density profile was adopted for the H I disk and a double-Gaussian profile for the H$^2$ disk. The scale heights of the GD were taken from Liszt (1992) for H I and from Bronfman (1992) for H$^2$ disks as function of galactocentric radius - including the exponential flare and the warp of the outer disk - were adapted to various measurements summarized by Wouterloot et al. (1990). The dust temperatures were, to first order, adopted from Sodroski et al. (1994) and then varied to fit the COBE FIR data with the above model. The metal abundance gradient was taken from Mezger et al. (1979). For the GC region we use a relative metallicity of $Z/Z_\odot = 2$ as derived by Mezger et al. (1979).

A four-arm, modified logarithmic spiral density pattern was overlayed on the axisymmetric disk. The general spiral geometry was adopted from Georgelin & Georgelin (1976) and Englmaier & Gerhard (1999), and adjusted to fit the COBE FIR data. It resembles the pattern derived by Drimmel & Spergel (2001), but is not identical. The details of this spiral arm model may not necessarily reflect the true spiral pattern of the Galaxy. However, it fits the COBE FIR data sufficiently well for our purpose and provides a reasonable estimate of how the extinction towards the GB rises with increasing galactocentric radius towards the GD molecular ring. The spiral arms have a Gaussian density cross section. The density contrast between spiral arms and inter-arm regions and its radial gradient were adopted from Heyer & Terebey (1998). The local Orion arm was not included in our model. The main parameters of the GD model are summarized in Fig. B.1.

With these parameters, the GD was modeled out to $R = 20\,kpc$ with a grid cell size of $(100\,pc)^3$. Figure B.2 compares the observed $240\,\mu m$ emission profiles with the profiles predicted by the model (see Fig. 4 for the latitude extinction profile). The GD model contains $M_{H_2} \sim 1 \times 10^9 M_\odot$ molecular hydrogen and $M_{H^2} \sim 3 \times 10^9 M_\odot$ atomic hydrogen of which $\sim 2 \times 10^9 M_\odot$ are located at $R < 15\,kpc$. These values are in good agreement with other estimates.

This model allows to derive the thermal emission and extinction due to dust along any line of sight in the inner Galaxy. Although our model is not intended to represent the exact morphology of the entire GD and does not include the stellar disk, its strength is that it is based on a complete set of parameters derived from observations without artificial assumptions and that it reproduces the observed FIR emission and colour temperatures and extinction in the inner Galaxy. A much more sophisticated three-dimensional model of the GD, which is also based on COBE/DIRBE data, has recently been developed by Drimmel & Spergel (2001).

![Fig. B.2. Observed and modeled 240 $\mu m$ emission profiles. Grey squares and thick grey curve: COBE data. Black solid lines: model. a) Average latitude profile of the Galactic Disk between $-20^\circ < l < 20^\circ$, excluding spiral arms and the NB region. b) Longitude profile at $b = 0^\circ$.](image)

**References**


Catchpole et al. (1990)

3D GD dust model (method 2)

GB reddening (NIR) (method 1)

used for dereddening