Gamma-ray bursts: Restarting the Engine
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ABSTRACT

Recent gamma–ray burst observations have revealed late–time, highly energetic events which deviate from the simplest expectations of the standard fireball picture. Instead they may indicate that the central engine is active or restarted at late times. We suggest that fragmentation and subsequent accretion during the collapse of a rapidly rotating stellar core offers a natural mechanism for this.

Subject headings: Gamma Rays: bursts — black hole physics — accretion disks

1. Introduction

It is now widely believed that gamma-ray bursts (GRBs) lasting longer than about 1 s are produced by a class of supernovae, called hypernovae (Paczyński, 1998; MacFadyen & Woosley, 1999). Collapse of a massive, rapidly-rotating stellar core is assumed to lead to the formation of a black hole, while the remaining core material has enough angular momentum to form a massive accreting neutron torus around it. The infalling torus radiates its gravitational energy as neutrinos or converts it directly to a beam by MHD processes. This evacuates the rotation axis of the core, allowing both an observable burst of gamma rays and the expulsion of a jet of matter at high Lorentz factors. The interaction of this jet with the surroundings produces the X-ray afterglow, which has proved so useful in locating and studying gamma-ray bursts.

In all cases observed until now, once the initial gamma-ray emission has faded away the energy output is dominated by the afterglow which has far lower total energy than the GRB. However, the recent GRB050502b is quite different (Burrows et al. 2005). An X-ray flare occurred starting some 400 s after the beginning of the GRB, and released at least as much energy as the original burst. There have been several efforts to explain GRB050502b by adding elements to the standard picture of long GRBs such as late internal shocks, or synchrotron self–Compton emission (Burrows et al. 2005; Kobayashi et al. 2005). However there is considerable difficulty in understanding how GRB050502b can put so much energy
into its surroundings at such late times, and what physical parameter specifies this very different behaviour.

Here we consider an idea which offers a way out of these difficulties. In effect it offers a physical model for the late internal shock suggested by Burrows et al. (2005).

2. Observations

GRB050502b was detected by the Burst Alert Telescope (BAT) on the *Swift* satellite (Gehrels et al. 2004) at 09:25:40 UT on 2005 May 2 (Falcone et al. 2005). The burst lasted 17.5 s (T90) with a fluence in the 15–350 keV band of $(8 \pm 1) \times 10^{-7}$ erg cm$^{-2}$ (Cummings et al. 2005). The gamma-ray spectrum is well fitted by a single power law with a photon index, $\Gamma = 1.6 \pm 0.1$. Falcone et al. reported that initially the X-ray count rate seen by *Swift* was too low to obtain an on-board centroid position with the *Swift* X-ray Telescope (XRT) in the 0.3–10 keV band, but subsequent ground-processing revealed an initially fading X-ray source. This X-ray source brightened dramatically starting some 400 s after the initial burst, rising to a peak which lasted for several hundred seconds before fading away (Burrows et al. 2005).

Both GRB050406 (Cummings et al. 2005) and GRB050607 (Krimm et al. 2005) show similar behaviour to GRB050502b, in that they have a re-brightening of their X-ray emission a few hundred seconds after the initial burst. In both cases, however, the X-ray flares are much weaker both relative to their respective bursts and to the bright flare seen in GRB050502b. All three of these bursts are relatively low in GRB fluence, particularly GRB050406, but are not unusually faint. Here we report an analysis of all three GRBs, but concentrate on GRB050502b. As we do not know the redshifts of these bursts, all physical parameters are quoted in the observer’s frame of reference.

The spectrum of the X-ray flare in GRB050502b can be well fitted by a power law with $\Gamma = 2.2 \pm 0.03$ but with a time-dependent absorbing column. Similar evidence for spectral variability is seen during the flares for the other GRBs, but cannot be well constrained. In GRB050502b the column is highest at the start of the flare, $(N_H \approx 1 \times 10^{21}$ cm$^{-2}$ above Galactic) and then decreases strongly suggesting ionization (Burrows et al. 2005). This material was not ionized by the GRB so presumably is off the line of sight illuminated by the initial jet. The absorbing column was derived assuming zero redshift so the intrinsic column will be higher. To derive the X-ray fluence we performed time-dependent spectral fits for GRB050502b. For the other two bursts we assumed an intrinsic absorbing column of $N_H = 1 \times 10^{21}$ cm$^{-2}$ with $\Gamma = 2.4$ and 2.3 for GRB050406 and GRB050607 respectively.
In Table 1 we quote fluences in the original detector bandpass and that derived by extrapolating the power law spectra over the 0.3–350 keV bandpass (all bandpasses quoted are in the observer’s frame). Extending the energy range to lower energies (e.g. 0.1 keV), would further enhance the relative strength of the X-ray flare in GRB050502b (e.g. it would be 30% brighter if a low energy cutoff of 0.1 keV were adopted).

Our spectral analysis of the X-ray flare in GRB050502b shows that the total fluence of the flare is comparable to or higher than that of the initial GRB (Table 1). This is also illustrated in Figure 1 where we show the flux light curve derived for the XRT bandpass (0.3–10 keV). For the other GRBs the fluence of the X-ray flare is ≤ 10% of the initial burst.

3. Energetics

We now consider how the central engine in a GRB might restart. Our line of argument is straightforward. The original GRB in 050502b signalled the formation of a compact object (neutron star or black hole) and the accretion of a stellar mass on to it on a very short timescale, presumably from a neutron torus. The simplest explanation for the comparable energy of the X-ray flare is that a second, similar mass accreted after a delay $t_d$ of up to 400 s (allowing for possible light-travel effects). Clearly this large mass cannot have already been in the first torus or it would have been accreted along with it. Thus a second stellar-mass torus must form and accrete after $t_d$.

In 2D models of fallback the extra mass is already in a torus, by construction, and the delay between the GRB and X–ray flare in GRB050502b would have to reflect some viscous angular momentum transport timescale before the torus became dynamically unstable and rapidly accreted. In contrast if we do not assume high symmetry, an obvious possibility is that this mass is a second compact ‘star’ (i.e. a self-gravitating neutron lump), formed because the collapsing core had enough angular momentum to fragment. Gravitational radiation then drags the lump in towards the first compact object where tides smash it up into a torus which can be accreted, releasing an energy comparable to the original GRB. This effectively amounts to restarting, or re-activating, the central engine at late times.

Re-starting the GRB central engine also accounts for the extraordinarily rapid rate of increase and decrease in the X-ray flare which goes as greater than $t^7$ if we use the time ($t$) of the initial burst as the origin $t = 0$. Such rates are hard to accommodate in the standard fireball model for GRB afterglows and instead strongly support a re-activated central engine. The BAT on Swift did not detect gamma-rays from the X-ray flare in GRB050502b, possibly because the flare spectrum was soft and the energy was spread over many seconds.
Table 1. GRB fluences for the initial GRB and the X-ray flare

<table>
<thead>
<tr>
<th>GRB</th>
<th>Burst (10^{-7} erg cm^{-2})</th>
<th>Flare (10^{-7} erg cm^{-2})</th>
<th>Burst (10^{-7} erg cm^{-2})</th>
<th>Flare (10^{-7} erg cm^{-2})</th>
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<tr>
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<td>15–350 keV</td>
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<td>8.8</td>
<td>11</td>
<td>14</td>
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<td>9.0</td>
<td>0.9</td>
<td>57</td>
<td>1.1</td>
<td>1, 3</td>
</tr>
<tr>
<td>050607</td>
<td>8.9</td>
<td>1.1</td>
<td>17</td>
<td>1.5</td>
<td>1, 4</td>
</tr>
</tbody>
</table>

References. — References — (1) This paper; (2) Cummings et al. 2005; (3) Krimm et al. 2005; (4) Retter et al. 2005

Fig. 1.— The unabsorbed 0.3-10 keV flux light curve for the early phase of GRB050502b. The horizontal bars represent the time intervals over which the fluxes were calculated. The first point is the initial GRB extrapolated to the 0.3-10 keV band.
4. Core collapse and fragmentation

The two-stage collapse described above is almost exactly that envisaged by Davies et al. (2002) to explain why hypernovae are rare among supernovae, and any possible delays between supernovae and gamma-ray bursts. Davies et al. (2002) argued by comparison with theoretical studies of star formation (cf. Bonnell & Pringle, 1995), that the collapse of a rapidly rotating stellar core was likely to lead to fragmentation and the initial formation of more than one compact object of nuclear density. They considered a case where the collapses producing these objects make a supernova rather than an initial gamma-ray burst, i.e. where none of them is surrounded by an accreting torus. Depending on the way fragmentation occurs, cases where the initial collapse produces a GRB are clearly possible.

The compact objects subsequently coalesce under the effect of gravitational radiation. Provided that at least one of them is a neutron star rather than a black hole, Davies et al. show that there must be a stage where a neutron torus accretes on to a central object, thus releasing an energy comparable to the initial burst. Eq. (7) of that paper shows that gravitational radiation emission drags an orbiting fragment in, to the point where it disrupts and forms a neutron torus, on a timescale

$$\tau_{\text{GR}} = 0.18 \times \frac{(a_0/1000 \text{ km})^4}{m_1m_2(m_1 + m_2)} \text{ hours.}$$

Here \(a_0\) is the initial circular orbit radius and the central black hole and orbiting fragment have masses \(m_1 M_\odot, m_2 M_\odot\) respectively. This gives a gravitational radiation delay timescale \(\tau_{\text{GR}} = 0.18 \text{ hr} = 640 \text{ s}\) if the merging masses are \(\sim 1M_\odot\) and their initial separation is \(a_0 = 1000 \text{ km}\), which in turn requires a specific angular momentum \(j = 10^{17} \text{ cm}^2 \text{ s}^{-1}\) — exactly what hypernova models require. This will be true for any required GR delay (which is also affected by the redshift) since \(j \propto a^{1/2} \propto \tau_{\text{GR}}^{1/8}\). One can arrange the gravitational radiation delay to be shorter than the observed delay if the X-ray event corresponds to a second faster outflow overtaking the initial one, although a substantial overtaking delay is rather contrived.

The initial orbit of the fragment may be somewhat misaligned from the spin axis of the central black hole. Tidal dissipation in the orbiting fragment and viscous dissipation in the neutron torus cause rapid alignment through the Lense–Thirring effect (cf. King et al., 2005). The second burst (X-ray flare) thus has a jet axis close to the first one. This may explain why the flare is spectrally softer and lasts longer than the original gamma–ray burst. In the internal shock picture, the peak spectral energy scales as \(E_p \propto \Gamma^{-2}t_v^{-1}\) (e.g. Table 2 of Zhang & Meszaros, 2002), where \(\Gamma\) is the bulk Lorentz factor and \(t_v\) the variability timescale of the outflow. The cleaner environment for the second jet may reduce its baryon loading and thus increase \(\Gamma\). It is also possible that tidal effects make the second accretion event
smoother than the first (increasing $t_v$), although a full hydrodynamical calculation is needed to check this.

5. Smaller X-ray flares

Several other GRBs have been observed to have significant X-ray flares superimposed on their fading afterglows (see Table 1 and Piro et al. 2005), although none are nearly as bright or quite as late as seen in GRB050502b. GRB050502b itself has another, smaller X-ray event $\approx 10^5$ s after the burst (Burrows et al. 2005) with a similar fluence to that of the event in GRB050607 (some 10% of the initial GRB). These smaller flares may be evidence of a similar process involving the accretion of smaller neutron clumps by the central object: for a sufficiently complex fragmentation process there may even be several events. A lower limit to the relative luminosity of such smaller events to the main GRB arises from the result (Davies et al., 2002) that the minimum mass of a neutron-rich clump is $\sim 0.2M_\odot$ (smaller masses make nuclei in their centres). The energies of a merger event to the original GRB must be in the ratio $r = \eta_2 M_2/\eta_1 M_1$, where $M_1, M_2$ are the masses of the first compact object and the subsequent merging object, and $\eta_1, \eta_2$ are the efficiencies of the collapse and merger events respectively. For comparable efficiencies a merger must have $r \gtrsim 0.2M_\odot/M_1 \gtrsim 0.02$ (for $M_1 \lesssim 10M_\odot$). The observed X-ray/GRB ratio depends on the spectral index of the emitted flux.

6. Discussion

The observed fluence of the late X-ray flare in GRB050502b is comparable to that of the main GRB and is spectrally softer. Smaller, but possibly related, flares have also been seen in other bursts. Whether the unusually bright X-ray flare event in GRB050502b is unique or simply and extreme example of a pattern of behaviour common to GRBs is unclear. For example the time of the late X-ray flare in GRB050502b is within the known range in GRB durations (e.g. Paciesas et al. 1999) which extends to at least a thousand seconds. Many bursts, but not all, show spectral evolution such that they become softer later (e.g. Norris et al. 1986). It has also been shown that if a GRB engine is quiescent for a long time the subsequent emission outburst could be unusually large (Ramirez-Ruiz and Merloni 2001). The fragmentation picture we have suggested here may be able to explain these phenomena. Continuing accretion at a slower rate from a fragment may be the origin of the long, faint X-ray afterglows seen in many Swift GRBs, which probably require the central engine to remain on for a long time (cf Zhang & Meszaros 2001). We will investigate this possibility
in a future paper.

We have suggested that X-ray flares may result from the fragmentation of the collapsing stellar core, and the subsequent merger of a significant fragment with the most massive compact object formed in the collapse. This is a departure from the current hypernova picture, in which only one object is assumed to form directly in the collapse. However the rapid rotation apparently required to make a hypernova is known to lead to fragmentation in other situations such as star formation. A simple test of our idea will come from combining gamma-ray burst observations with gravitational-wave detections by LIGO. Long GRBs should be significant sources of gravitational radiation, with a chirp signal characteristic of a merging binary system. If this proves successful it would also give a clean determination of the masses involved, providing major insight into the process of core collapse in rapidly rotating stars.

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